

Effective Date: 06/01/2023
Reviewed: 3/23/23, 1/4/2024, 4/2025
Pharmacy Scope: Medicaid
Medical Scope: Medicaid, Commercial, Medicare-Medicaid Plan (MMP)

## Testopel (testosterone) Pellets

### Procedure:

Coverage of Testopel (testosterone) will be reviewed prospectively via the prior authorization process based on criteria below.

### *Initial Criteria:*

- Patient is a male and is 18 years of age and older; AND
- Prescribed by, or in consultation with, an endocrinologist or urologist; AND
- Patient does not have breast or prostate cancer; AND
- Patient has a confirmed diagnosis of primary hypogonadism (congenital or acquired) or secondary (hypogonadotropic) hypogonadism (congenital or acquired); AND
  - Pre-treatment morning total testosterone of less than 300 ng/dL or below lower limit of normal by the testing laboratory; OR
  - Pre-treatment free testosterone of less than 50 pg/mL (or below lower limit of normal by the testing laboratory); AND
- Patient presents with symptoms associated with hypogonadism, such as, but not limited to at least one of the following:
  - Reduced sexual desire (libido) and activity; OR
  - Decreased spontaneous erections; OR
  - Breast discomfort/gynecomastia; OR
  - Loss of body (axillary and pubic) hair, reduced need for shaving; OR
  - Very small (especially less than 5 mL) or shrinking testes; OR
  - Inability to father children or low/zero sperm count; OR
  - Height loss, low trauma fracture, low bone mineral density; OR
  - Hot flushes, sweats; OR
  - Other less specific signs and symptoms including decreased energy, depressed mood/dysthymia, irritability, sleep disturbance, poor concentration/memory, diminished physical or work performance; AND
- Patient laboratory reports supporting diagnosis must be provided with all requests; AND
- Patient has a contraindication or a therapeutic failure to at least a 3-month trial of both topical testosterone (such as testosterone patch or gels) and injectable testosterone (such as testosterone cypionate or testosterone enanthate); AND
- Dose does not exceed 450mg (6 pellets) every 3 months;

### *Continuation of therapy:*

- Patient continues to meet initial criteria; AND
- Patient is tolerating treatment; AND

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- Absence of unacceptable toxicity from the drug. Examples of unacceptable toxicity include: hepatotoxicity, hepatitis, hepatic neoplasms (including hepatocellular carcinoma), stroke, myocardial infarction, fluid/electrolyte disturbances, prostatic hypertrophy/carcinoma, polycythemia, venous thromboembolic events (including deep vein thrombosis and pulmonary embolism), edema with or without congestive heart failure, gynecomastia, implant site infection and/or pellet extrusion, etc.; AND
- Patient is responding to therapy and showing improvement in hypogonadal signs & symptoms; AND
- Dose does not exceed 450mg (6 pellets) every 3 months; AND
- Patient has a serum total testosterone level(s) greater than 300 ng/dL (>10.4 nmol/L)

#### Coverage durations:

- Initial coverage: 6 months
- Continuation of therapy coverage: 12 months

#### Pharmacy Benefit Quantity Limit

Testopel 75mg: 6 pellets every 3 months

#### Dosage/Administration:

Indication	Dose	Maximum dose (1 billable unit = 75 mg)
Primary hypogonadism (congenital or acquired) or hypogonadotropic hypogonadism (congenital or acquired)	150mg to 450mg subcutaneously every 3-6 months	6 units every 3 months

**Investigational use:** All therapies are considered investigational when used at a dose or for a condition other than those that are recognized as medically accepted indications as defined in any one of the following standard reference compendia: American Hospital Formulary Service Drug information (AHFS-DI), Thomson Micromedex DrugDex, Clinical Pharmacology, Wolters Kluwer Lexi-Drugs, or Peer-reviewed published medical literature indicating that sufficient evidence exists to support use. Neighborhood does not provide coverage for drugs when used for investigational purposes.

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### Applicable Codes:

Below is a list of billing codes applicable for covered treatment options. The below tables are provided for reference purposes and may not be all-inclusive. Requests received with codes from tables below do not guarantee coverage. Requests must meet all criteria provided in the procedure section.

The following HCPCS/CPT codes are:

HCPCS/CPT Code	Description
S0189	Testosterone pellet, 75mg

### References:

1. Testopel prescribing information. Malvern, PA: Endo Pharmaceuticals Inc.; 2014 March. Accessed April 2025.