

Effective Date: 1/2020
Reviewed: 12/2019, 8/2020, 12/2020, 5/2021, 4/2022, 7/2022, 12/2022, 8/2023, 12/2023, 01/2024, 02/2014, 1/2025
Pharmacy Scope: Medicaid
Medical Scope: Medicaid, Commercial, Medicare-Medicaid Plan (MMP)

## Ilumya (tildrakizumab)

### Policy

#### *Initial Criteria:*

##### **Moderate to severe plaque psoriasis**

- Patient must be 18 years of age or older: AND
- Patient has a diagnosis of moderate to severe plaque psoriasis: AND
- Patient has a pretreatment tuberculosis (TB) screening with a TB skin test or an interferon gamma release assay (e.g., QFT-GIT, T-SPOT.TB); AND
- Is prescribed by, or in consultation with, a specialist in dermatology or rheumatology; AND
- At least 10% of BSA is affected OR crucial body areas (i.e., hands, feet, face, neck, scalp, genitals/groin, intertriginous areas) are affected; AND
- Member meets either of the following:
  - Member has had an inadequate response to at least a 3-month trial of methotrexate, cyclosporine or acitretin, or experienced clinically significant adverse effects from methotrexate, cyclosporine or acitretin (see Appendix A); OR
  - Member has had an inadequate response to at least a 3-month trial of phototherapy (e.g., UVB, PUVA), unless intolerance experienced; AND
- Member has had an inadequate response, intolerance, or contraindication to at least a 3-month trial of adalimumab and at least a 6-month trial of ustekinumab biosimilar at maximum tolerated doses.
- Ilumya will not be used concomitantly with an injectable biologic response modifier including TNF-inhibitors (e.g., Humira (adalimumab), Enbrel (etanercept), Remicade (infliximab), etc.) and IL- inhibitors (e.g., Cosentyx (secukinumab), Ustekinumab (e.g., Stelara, , Wezlana, etc.), Tremfya (guselkumab), Skyrizi (risankizumab), Bimzelx (bimekizumab), etc.) or other oral non-biologic agent (e.g., Otezla (apremilast), Xeljanz (tofacitinib), Olumiant (baricitinib), Rinvoq (upadacitinib), etc.)

#### *Continuation of Therapy Criteria:*

- Authorization of 12 months may be granted for all members (including new members) who are using Ilumya for moderate to severe plaque psoriasis and who achieve or maintain positive clinical response as evidenced by low disease activity or improvement in signs and symptoms of the condition when any of the following is met
  - Reduction in body surface area (BSA) affected from baseline
  - Improvement in signs and symptoms from baseline (e.g., itching, redness, flaking, scaling, burning, cracking, pain)

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### Coverage durations:

- Initial coverage: 12 months
- Continuation of therapy coverage: 12 months

### Dosage/Administration:

Indication	Dose	Maximum Dosing (1 billable unit = 1 mg)
Plaque Psoriasis	100 mg subcutaneously at Week 0 and 4 then 100 mg every 12 weeks thereafter.  Ilumya should be administered by a health care provider only	<u>Loading:</u> 100 units (100 mg) at Week 0 & 4  <u>Maintenance:</u> 100 units (100 mg) every 12 weeks

### Quantity Limit:

Ilumya has a quantity limit of 100mg (1ml) per 12 weeks, with post-limit for loading dose of 200 mg (2 ml) per month.

### Appendix:

#### Examples of Clinical Reasons to Avoid Pharmacologic Treatment with Methotrexate, Cyclosporine or Acitretin:

- Alcoholism, alcoholic liver disease or other chronic liver disease
- Breastfeeding
- Cannot be used due to risk of treatment-related toxicity
- Drug interaction
- Pregnancy or planning pregnancy (male or female)
- Significant comorbidity prohibits use of systemic agents (examples include liver or kidney disease, blood dyscrasias, uncontrolled hypertension)

**Investigational use:** All therapies are considered investigational when used at a dose or for a condition other than those that are recognized as medically accepted indications as defined in any one of the following standard reference compendia: American Hospital Formulary Service Drug information (AHFS-DI), Thomson Micromedex DrugDex, Clinical Pharmacology, Wolters Kluwer Lexi-Drugs, or

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Peer-reviewed published medical literature indicating that sufficient evidence exists to support use. Neighborhood does not provide coverage for drugs when used for investigational purposes.

### Applicable Codes:

Below is a list of billing codes applicable for covered treatment options. The below tables are provided for reference purposes and may not be all-inclusive. Requests received with codes from tables below do not guarantee coverage. Requests must meet all criteria provided in the procedure section.

The following HCPCS/CPT code is:

HCPCS/CPT Code	Description
J3245	Injection, tildrakizumab, 1 mg

### References:

1. Ilumya [package insert]. Whitehouse Station, NJ: Merck & Co., Inc.; April 2023. Accessed February 2024.
2. Menter A, Korman NJ, Elmets CA, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Section 4: Guidelines of care for the management and treatment of psoriasis with traditional systemic agents. *J Am Acad Dermatol*. 2009;61:451-485.
3. Menter A, Korman NJ, Elmets CA, et al. Guidelines of care for the management of psoriasis and psoriatic arthritis. Section 6: Guidelines of care for the treatment of psoriasis and psoriatic arthritis: case-based presentations and evidence-based conclusions. *J Am Acad Dermatol*. 2011;65(1):137-174.