

Asthma Medication Ratio

Neighborhood News – July 2024

Asthma, recognized by the World Health Organization as a major noncommunicable disease, affects both children and adults, and stands as the most prevalent chronic disease among children. While asthma cannot be cured, it is commonly managed using inhalers.

In the Measurement Year (MY) 2022, the Healthcare Effectiveness Data Information Set (HEDIS®) asthma medication ratio for Neighborhood Health Plan of Rhode Island (Neighborhood) was **62.82%**, a slight decrease from the MY 2021 rate of **63.01%**.

How can you improve asthma management?

- **Educate patients** on identifying asthma triggers and the importance of using controller medications;
- **Encourage regular refills of** controller medications to ensure patients maintain their regimen;
- **Address barriers** by asking patients if they face any issues when filling prescriptions and assisting them in finding solutions;
- **Develop an action plan** with your patients to manage their asthma effectively;
- **Promote member rewards** by informing patients that they can receive a \$25 gift card if they complete an Asthma Action Plan from Neighborhood;
- **Advocate consistent medication use** by reminding patients to continue taking their controller medication consistently, even if they feel better and are symptom-free.

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