

Benefit Coverage

Covered Benefit for lines of business including:
Health Benefits Exchange (HBE), Rite Care (MED), Children with Special Needs (CSN), Substitute Care (SUB), Rhody Health Partners (RHP), Rhody Health Expansion (RHE), Medicare-Medicaid Plan (MMP) Integrity
Excluded from Coverage:
Extended Family Planning (EFP)

Description

The Diagnostic and Statistical Manual-Fifth Edition (DSM V) defines gender dysphoria as follows: “Gender dysphoria refers to the distress that may accompany the incongruence between one’s experienced or expressed gender and one’s assigned gender. Although not all individuals will experience distress as a result of such incongruence, many are distressed if the desired physical interventions by means of hormones and/or surgery are not available.”

The World Professional Association for Transgender Health (WPATH) (<http://www.wpath.org>) is an international, inter-disciplinary organization, which publicizes evidence-based care and clinical guidance in its *Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, 8th Version (SOC)*. SOC is the primary reference for this policy.

Individuals, whose birth-assigned gender is male and who have gender dysphoria, are referred to as **transwomen**.

Individuals, whose birth-assigned gender is female and who have gender dysphoria, are referred to as **transmen**.

Coverage Determination

Authorization NOT Required	<p>Services for Members Less than 18 Years of Age:</p> <ol style="list-style-type: none"> Behavioral and medical health <p>Services for Members 18 Years of Age and Older:</p> <ol style="list-style-type: none"> Behavioral and medical health Laboratory testing to monitor treatment of gender dysphoria Pharmacological and Hormonal therapy (Prior authorizations unrelated to the treatment of Gender Dysphoria may be required.)
Requires Authorizatio	<p>Services for Members Less than 18 Years of Age:</p> <ol style="list-style-type: none"> Pharmacological and hormonal therapy that is non-reversible and/or produces masculinization or feminization Pharmacological and hormonal therapy to delay physical changes of puberty <p>Services for Members 18 Years of Age and Older:</p> <ol style="list-style-type: none"> Surgical treatment (outlined below)

Surgical Treatment for Gender Dysphoria:

The following are covered when Criteria for Surgical Treatment for Gender Dysphoria have been met.

▶ **Surgical Treatment for Gender Dysphoria, Gender Reassignment Surgery for Members Less than 18 Years of Age is NOT covered.**

Female to male (FTM, transmen)		Male to female (MTF, transwomen)	
Breast reconstruction (e.g., mastectomy)	(19303-19304), reduction mammoplasty (19318)	Orchiectomy	54520, 54690
Hysterectomy	58150, 58262, 58291, 58552, 58554, 58571, 58573	Penectomy	54125
Hysterectomy Salpingo-oophorectomy	58661	Vaginoplasty	57335
Colpectomy/Vaginectomy	57110	Colovaginoplasty	57291-57292
Metoidioplasty	55899	Clitoroplasty	56805
Phalloplasty	55899	Labioplasty	58999
Urethroplasty	53430	Tracheal shave/reduction thyroid chondroplasty: reduction of the thyroid cartilage	31899
Scrotoplasty	55175, 55180	Breast Augmentation- Requires documentation by the physician prescribing hormones and the surgeon that breast enlargement after undergoing hormone treatment for 12 months is not sufficient for comfort in the social role	19324-19325.
Electrolysis epilation, each 30 minutes	17380	Electrolysis epilation, each 30 minutes	17380
Laser Hair Removal – Unlisted procedure, skin, mucous membrane, and subcutaneous tissue	17999	Laser Hair Removal – Unlisted procedure, skin, mucous membrane, and subcutaneous tissue	17999

Authorization Forms

Please access Prior Authorization forms by visiting Neighborhood’s website at www.nhpri.org

1. Go to the section for Providers
2. Click on “Provider Resources”
3. Click on “Forms”- follow to Prior Authorization Request Forms. Forms are listed alphabetically by program.

Criteria

Gender reassignment surgeries/procedures listed in Tables I and II require prior authorization and are covered for transmen or transwomen when documentation submitted confirms that all of the following criteria are met:

- Member is 18 years of age or older
- Member has the capacity to make fully informed decisions including consent to treatment.
- Gender Dysphoria has been diagnosed by qualified health provider(s) and is a persistent diagnosis for at least 6 months
- Documentation from a qualified health provider(s) with expertise in mental health and transgender care, supporting candidacy for gender-confirming surgery
- Clinically significant distress or impairment in social or occupational or other important areas of functioning or Clinically significant increased risk of suffering
- Evidence that the member has access to primary care provided by a clinician who has an understanding of gender dysphoria and who can perform and coordinate follow up care including appropriate screenings and monitoring.
- The treatment plan must conform to WPATH standards and/or to other evidence-based, agreed-upon, external guidelines.
- * Surgeons must have demonstrated training, experience, and proficiency in performing the requested surgical procedure.
- Documentation indicating hormone treatment has been provided for at least 6 months or is contraindicated (not required for female to male surgery, non-genital)

Exclusions

- Surgical Treatment for Gender Dysphoria, Gender Reassignment Surgery for **Members Less than 18 Years of Age**
- Reversal of gender reassignment surgery or reversal of surgery to revise secondary sex characteristics.
- Gender reassignment services for members who are dissatisfied with their assigned gender in the absence of clinically significant distress or impairment.
- Procedures for the preservation of fertility such as the procurement, preservation, and storage of sperm, oocytes, or embryos.
- Procedures designed to enhance masculinity or femininity or to alter body contours for aesthetic reasons are considered cosmetic and are excluded.
- **Excluded procedures include but are not limited to the following:** Cosmetic Surgeries and Procedures (Refer to CMP Plastic Surgery), Dermabrasion, Hair transplants, Hair removal (except in the case of electrolysis epilation in the setting of preoperative site hair removal), Lipectomy, Osteoplasty - facial bone reduction, Otoplasty, Rhinoplasty, Rhytidectomy, Scar Revision, Subcutaneous injection of filling material, Tattooing or tattoo removal (except tattooing of the nipple/areola related to a mastectomy), Voice modification surgery

Covered CPT codes when meeting criteria:

19301	Mastectomy, partial (e.g., lumpectomy, tylectomy, quadrantectomy, segmentectomy)	57106	Vaginectomy, partial removal of vaginal wall
19303	Mastectomy, simple, complete	57107	Vaginectomy, partial removal of vaginal wall; with removal of paravaginal tissue (radical vaginectomy)
19304	Mastectomy, subcutaneous	57110	Vaginectomy, complete removal of vaginal wall
19316	Mastopexy	57111	Vaginectomy, complete removal of vaginal wall; with removal of paravaginal tissue (radical vaginectomy)
19324	Mammoplasty, augmentation; without prosthetic implant	57291	Construction of artificial vagina; without graft
19325	Mammoplasty, augmentation; with prosthetic implant	57292	Construction of artificial vagina; with graft
19350	Nipple/areola reconstruction	57335	Vaginoplasty for intersex state
31899	Unlisted procedure, trachea, bronchi	58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s), with or without removal of ovary(s)
53430	Urethroplasty, reconstruction of female urethra	58180	Supracervical abdominal hysterectomy (subtotal hysterectomy), with or without removal of tube(s), with or without removal of ovary(s)
54125	Amputation of penis; complete	58260	Vaginal hysterectomy, for uterus 250 g or less
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal approach	58262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s)
54690	Laparoscopy, surgical; orchiectomy	58275	Vaginal hysterectomy, with total or partial vaginectomy
55175	Scrotoplasty; simple	58280	Vaginal hysterectomy, with total or partial vaginectomy; with repair of enterocele
55180	Scrotoplasty; complicated	58285	Vaginal hysterectomy, radical (Schauta type operation)
56625	Vulvectomy simple; complete	58290	Vaginal hysterectomy, for uterus greater than 250 g
56810	Perineoplasty, repair of perineum, nonobstetrical (separate procedure)	58291	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less	58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less
58542	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g	58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g
58544	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g; with	58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)

Covered ICD 10 codes when meeting criteria:

Description	ICD-10 Diagnosis	ICD-10 Procedure	CPT
Surgical Services-Transgender Inpatient	F64.1, F64.2, F64.8, F64.9, Z87.890	0HTT0ZZ,0HTU0ZZ, 0HTV0ZZ, 0H0T0ZZ, 0H0U0ZZ, 0H0V0ZZ, 0HBT0ZZ, 0HBU0ZZ, 0HBV0ZZ, 0TQD0ZZ, 0TUD07Z,0VQ50ZZ, 0VU507Z, 0UB04ZZ, 0UB14ZZ, 0UB24ZZ, 0UB54ZZ, 0UB64ZZ, 0UB74ZZ, 0UTG0ZZ, 0UT00ZZ, 0UT07ZZ, 0UT17ZZ, 0UT27ZZ, 0UT57ZZ, 0UT67ZZ, 0UT77ZZ, 0UT97ZZ, 0UTC7ZZ, 0UT04ZZ, 0UT14ZZ, 0UT24ZZ, 0UT54ZZ, 0UT64ZZ, 0UT74ZZ, 0UT94ZZ, 0UTC4ZZ, 0UT10ZZ, 0UT20ZZ, 0UT50ZZ, 0UT60ZZ, 0UT70ZZ, 0UT90ZZ, 0UTC0ZZ, 0UT9FZZ, 0UB014ZZ, 0UB74ZZ, 0H0T0ZZ, 0HQT0ZZ, 0HQU0ZZ, 0HQV0ZZ, 0H0T0JZ, 0H0U0JZ, 0H0V0JZ, 0HRT0JZ, 0HRU0JZ, 0HRV0JZ, 0HUT0JZ, 0HUU0JZ, 0HUV0JZ, 0VTS0ZZ, 0VTSXZZ, 0VR90JZ, 0VRB0JZ, 0VRC0JZ, 0VT90ZZ, 0VT94ZZ, 0VTB4ZZ, 0VTC4ZZ, 0VTB0ZZ, 0VTC0ZZ, 0W4M0Z0, 0W4M070, 0U7G0ZZ, 0UQG0ZZ, 0W8NXZZ, 0UBJ0ZZ, 0UBJXZZ, 0HST0ZZ, 0HSU0ZZ, 0HSV0ZZ, 0HSWXZZ, 0HSXXZZ, 0HRT07Z, 0HRU07Z, 0HRV07Z, 0HRW07Z, 0HRWX7Z, 0HRX07Z, 0HRXX7Z, 0UBMXZZ, 0UTM0ZZ, 0UQG7ZZ, 0UGGXZZ, 0UUG07Z, 0WQN0ZZ, 0UBG0ZZ, 0UTG7ZZ, 0UBG7ZZ, 0UQF7ZZ, 07TC0ZZ	19301, 19303, 19304, 19316, 19318,53430, 55175, 55180, 55899, 57110, 58150, 58262, 58291, 58552, 58554, 58571, 58573, 58661, 19324, 19325, 31899, 54125, 54520, 54690, 56805, 57291, 57292, 57335, 58999, 19350, 56625, 56800, 56810, 57106, 57107, 57111, 58180, 58260, 58275, 58280, 58285, 58290, 58541, 58542, 58543, 58544, 58550
Surgical Services-Transgender Outpatient	F64.1, F64.2, F64.8, F64.9, Z87.890		19301, 19303, 19304, 19316, 19318,53430, 55175, 55180, 55899, 57110, 58150, 58262, 58291, 58552, 58554, 58571, 58573, 58661, 19324, 19325, 31899, 54125, 54520, 54690, 56805, 57291, 57292, 57335, 58999, 19350, 56625, 56800, 56810, 57106, 57107, 57111, 58180, 58260, 58275, 58280, 58285, 58290, 58541, 58542, 58543, 58544, 58550

CMP Cross Reference: CMP-012-Plastic Surgery
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Neighborhood reviews clinical medical policies on an annual base.

Disclaimer:

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's coverage plan; a member's coverage plan will supersede the provisions of this medical policy. For information on member-specific benefits, call member services. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. Neighborhood reserves the right to review and revise this policy for any reason and at any time, with or without notice.

References:

The World Professional Association for Transgender Health (WPATH). *Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People*. **Version 8. 2022**. URL address: <http://www.wpath.org>

American Psychiatric Association. (May 2013, **Updated 2022**). *Diagnostic and Statistical Manual of Mental Disorders*. 5th Edition (DMS 5). Arlington, VA: American Psychiatric Publishing.

RI EOHHS Gender Dysphoria/Gender-Nonconformity Guidelines. November 2015