# SPECIALTY GUIDELINE MANAGEMENT

# SAMSCA (tolvaptan) tolvaptan (generic)

# POLICY

## I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

#### FDA-Approved Indication

Treatment of clinically significant hypervolemic and euvolemic hyponatremia (serum sodium <125 mEq/L or less marked hyponatremia that is symptomatic and has resisted correction with fluid restriction), including patients with heart failure and Syndrome of Inappropriate Antidiuretic Hormone (SIADH)

#### Important Limitations

Patients requiring intervention to raise serum sodium urgently to prevent or to treat serious neurological symptoms should not be treated with Samsca/tolvaptan. It has not been established that raising serum sodium with Samsca/tolvaptan provides a symptomatic benefit to patients.

All other indications are considered experimental/investigational and are not medically necessary.

# II. CRITERIA FOR INITIAL APPROVAL

#### Hypervolemic/Euvolemic Hyponatremia

Authorization of 30 days may be granted for members prescribed the requested drug when all of the following criteria are met:

- A. Therapy was initiated (or re-initiated) in the hospital, for hypervolemic or euvolemic hyponatremia.
- B. Serum sodium was less than 125 mEq/L or serum sodium was less than 135 mEq/L with symptoms (e.g., nausea, vomiting, headache, lethargy, confusion) at the time of therapy initiation.
- C. The member will not receive the requested drug continually for greater than 30 days.

# **III. REFERENCES**

- 1. Samsca [package insert]. Rockville, MD: Otsuka America Pharmaceutical, Inc.; April 2021.
- 2. Tolvaptan [package insert]. Parsippany, NJ: Ascend Laboratories, LLC; May 2022.
- 3. Hoorn EJ, Zietse R. Diagnosis and treatment of hyponatremia: Compilation of the guidelines. *J Am Soc Nephol.* 2017; 28(5):1340-1349.

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