

STI Resources from the Rhode Island Department of Health

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For patients who are sexually active, protecting themselves against sexually transmitted infections (STIs) such as chlamydia, gonorrhea, or HIV, is an important public health initiative.

Here are four ways patients can take charge of their health:

1. Get Informed

- It's important to know the risks. Download the RightTime app to find information, contact local experts, and locate counseling and treatment. www.righttimeapp.com

2. Protect Yourself

- Using a condom correctly can help you avoid STIs. [Get condoms at no cost here.](#)

3. Get Tested

- If you are sexually active, it's important to get tested regularly. You can schedule a confidential STI test with the [Testing 1-2-3 program](#).
- To sign up for the program
 - Complete online form
 - Go to your preferred laboratory
 - Results are sent via email
 - You can also request an at-home HIV test kit at aidsprojectri.org/get-tested/at-home.

4. Talk to Your Partner

- If you test positive for an STI, be sure to tell your partner and ask them to be tested too.