

# VOWST (fecal microbiota spores, live-brpk)

## POLICY

### I. INDICATIONS

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met, and the member has no exclusions to the prescribed therapy.

#### FDA-Approved Indication

Vowst is indicated to prevent the recurrence of Clostridioides difficile infection (CDI) in individuals 18 years of age and older following antibacterial treatment for recurrent CDI (rCDI).

#### Limitations of Use

Vowst is not indicated for the treatment of CDI.

All other indications are considered experimental/investigational and not medically necessary.

### II. DOCUMENTATION

Submission of the following information is necessary to initiate the prior authorization review:

- A. Medical records, chart notes, and/or lab test results documenting the following:
  - 1. Recurrent CDI infection
  - 2. Stool test within 30 days confirming the presence of *C.difficile* toxin or toxigenic *C. difficile*

### III. EXCLUSIONS

Coverage will not be provided for members requesting Vowst for the treatment of CDI.

### IV. CRITERIA FOR INITIAL APPROVAL

#### **Prevention of recurrence of Clostridioides difficile infection (CDI)<sup>1</sup>**

Authorization of 30 days for a one-time treatment may be granted for prevention of CDI when all of the following criteria are met:

- A. Member is 18 years of age and older
- B. Medication is prescribed by or in consultation with an infectious disease specialist or gastroenterologist
- C. Member has had three or more episodes of CDI within the past 12 months (including the most recent episode).
- D. Member has a recent episode of recurrent CDI with all of the following:
  - 1. Stool test confirming the presence of *C.difficile* toxin or toxigenic *C. difficile*
  - 2. Treatment initiation with Vowst will occur 2-4 days after the last dose of at least 10 consecutive days of antibiotics for CDI treatment

3. Current episode of CDI must be controlled (<3 unformed/loose stools/day for 2 consecutive days)
- E. Member has experienced an inadequate response, intolerance, or contraindication to Zinplava (bezlotoxumab) or fecal microbiota transplantation (FMT) from a reputable source

**V. RENEWAL CRITERIA**

Coverage cannot be renewed.

**VI. QUANTITY LIMIT**

Vowst has a quantity limit of 12 capsules per 30 days.

Indication	Dose
Prevention of CDI	<ul style="list-style-type: none"> <li>• 4 capsules orally once daily for 3 consecutive days</li> <li>• Take each dose (4 capsules) on an empty stomach prior to the first meal of the day.</li> <li>• Prior to taking the first dose:               <ul style="list-style-type: none"> <li>○ Complete antibacterial treatment for rCDI 2 to 4 days before initiating treatment with Vowst.</li> <li>○ Drink 296 mL (10 oz) of magnesium citrate on the day before and at least 8 hours prior to taking the first dose of Vowst. In clinical studies, participants with impaired kidney function received polyethylene glycol electrolyte solution (250 mL GoLYTELY, not approved for this use).</li> </ul> </li> </ul>

**VII. REFERENCES**

1. Vowst [package insert]. Cambridge, MA: Seres Therapeutics Inc; April 2023.
2. McDonald LC, Gerding DN, Johnson S, et al. Clinical practice guidelines for Clostridium difficile infection in adults and children: 2017 updated by the Infectious Diseases Society of America (IDSA) and Society for Healthcare Epidemiology of America (SHEA). Clin Infect Dis. March 2018;66(7):987-994.
3. Johnson S, Lavergne V, Skinner AM, et al. Clinical practice guideline by the Infectious Diseases Society of America (IDSA) and Society for Healthcare Epidemiology of America (SHEA): 2021 focused update guidelines on management of Clostridioides difficile infection in Adults. CID 2021; 73 (1 September): e1029-1044.
4. Kelly CR, Fischer M, Allegretti JR, et al. ACG clinical guidelines: Prevention, diagnosis, and treatment of Clostridioides difficile infections. Am J Gastroenterol. 2021; 116: 1124 - 1147.