

Criteria for Gender Reassignment Surgery

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Neighborhood proudly supports the health and well-being of all members. We understand the unique needs of our lesbian, gay, bisexual, transgender, queer, questioning, intersex, and asexual (LGBTQIA+) members and aim to ensure they receive equitable, quality care.

***Neighborhood offers a gender affirmation benefit covering surgical treatment for Gender Reassignment Surgery for members who meet the following criteria:**

- Member is 18 years of age or older.
- Member has the capacity to make fully informed decisions including consent to treatment.
- Gender dysphoria has been diagnosed by qualified health provider(s) and is a persistent diagnosis.
- Member has successfully lived full-time in the desired gender role without retuning to the original gender for a minimum of 12 months.
- Face to face comprehensive evaluation and treatment plan by the provider administering hormonal therapy and by the *surgeon performing requested surgery.
- A behavioral health evaluation, supporting candidacy for gender-confirming surgery, performed within six months of the request for authorization for surgery.
- Attestation that the member is adhering to medical and behavioral health treatment as recommended and is medically and behaviorally stable.
- Attestation that the member has access to primary care provided by a clinician who is understands gender dysphoria and who can perform, and coordinate follow-up care including appropriate screenings and monitoring.
- The treatment plan must conform to WPATH standards and/or to other evidence-based, agreed-upon, external guidelines.
- Surgeons must have demonstrated training, experience, and proficiency in performing the requested surgical procedure.
- Breast augmentation mammoplasty requires documentation by both the physician prescribing hormones and the surgeon that breast enlargement is not sufficient for comfort in the social role, even after undergoing hormone treatment for 12 months role.

Review the full policy on our website: [2023.03.08-CMP-069-GenderAffirmation.docx \(nhpri.org\)](#)