

Statin Therapy for Patients with Diabetes

Neighborhood News – October 2023

People with diabetes often have elevated cholesterol levels, leading to a higher risk of atherosclerotic cardiovascular disease (ASCVD). This disease is the primary cause of morbidity and mortality for individuals with diabetes.

For the Measurement Year (MY) 2022 Healthcare Effectiveness Data Information Set (HEDIS®) rates were as follows:

- **Received Statin Therapy for Patients with Diabetes:** This considers members aged 40-75 years with diabetes, without ASCVD, who were prescribed at least one statin medication during the year.
 - Our rate decreased to 71.59% for Medicaid members from 74.00% in MY2021.
- **Statin Adherence 80% for Patients with Diabetes:** This evaluates members who maintained a statin medication of any intensity for a minimum of 80% of the treatment period.
 - Our rate fell to 65.94% for Medicaid members, a drop from 67.73% in MY2021.

How Can You Help?

- **Promote Adherence:** Educate patients about the significance of consistently taking their medications.
- **Address Side Effects:** If a patient experiences adverse reactions to a medication or side effects from stopping it, consider switching them to an alternative statin.
- **Encourage Follow-ups:** Remind and urge members to attend their scheduled appointments with their primary care provider.

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