

## ORAL CALCITONIN GENE-RELATED PEPTIDE (CGRP) RECEPTOR ANTAGONISTS

### NURTEC ODT (rimegepant)

#### POLICY

#### I. CRITERIA FOR APPROVAL

##### A. Acute Treatment of Migraine

An authorization for 6 months may be granted for acute treatment of migraine when all of the following criteria are met:

- A. Patient is 18 years of age or older
- B. Medication is prescribed by, or in consultation with a neurologist or headache specialist
- C. Patient has experienced an inadequate treatment response or intolerance to at least two preferred triptan 5-HT<sub>1</sub> receptor agonists (e.g., sumatriptan, rizatriptan, naratriptan) or has a contraindication that would prohibit a trial of a triptan 5-HT<sub>1</sub> receptor agonist
- D. For patients with a diagnosis of chronic migraines (experiencing at least 15 headache days per month), documentation is provided that the patient is using a preventive migraine medication concurrently
- E. Patient is not using medication in combination with another oral CGRP antagonist
- F. The request is within the quantity limit of 8 tablets for Nurtec ODT
  - i. If the request is exceeding the quantity limit, refer to section III for quantity limit exception criteria

##### B. Preventative Treatment of Episodic Migraine

An authorization for 6 months may be granted for the preventative treatment of episodic migraine when all of the following criteria are met:

- A. Patient is 18 years of age or older
- B. Medication is prescribed by, or in consultation with a neurologist or headache specialist
- C. Patient experiences at least 4 but not more than 14 headache days per month, with disability on some days
- D. Patient has been fully equipped with abortive migraine therapy, if appropriate, and has had inadequate relief
- E. Patient has documented trial and failure of a 3-month trial of any 2 prophylactic medications from the following therapeutic classes:
  - i. Antidepressants (e.g., amitriptyline, venlafaxine)
  - ii. Beta blockers (e.g., propranolol, metoprolol, timolol, atenolol)
  - iii. Anti-epileptics (e.g., topiramate, valproate)
- G. Patient is not using medication in combination with another oral CGRP antagonist, an injectable CGRP antagonist (e.g., Ajovy, Emgality, Vyepti), or a botulinum toxin (e.g., onabotulinumtoxinA, abobotulinumtoxinA, incobotulinumtoxinA, rimabotulinumtoxinB)
- H. For Nurtec ODT requests, patient meets either the following criteria:
  - i. The request is within the quantity limit of 8 tablets for Nurtec ODT for periodic prevention
  - ii. Patient has a documented trial and failure of a preferred injectable CGRP antagonist (Ajovy or Emgality) for migraine prevention

## II. CONTINUATION OF THERAPY

### A. Acute Treatment of Migraine

An authorization for 12 months may be granted for acute treatment of migraine when all of the following criteria are met:

- A. If patient has not been approved for this drug by Neighborhood in the past, clinician must submit documentation that initial criteria is met.
- B. Patient is not using medication in combination with another oral CGRP antagonist
- C. Documentation that the patient has experienced a positive clinical response to therapy as demonstrated by a reduction in headache pain, duration and/or severity from baseline.
- D. The request is within the quantity limit of 8 tablets for Nurtec ODT
  - i. If the request is exceeding the quantity limit, refer to section III for quantity limit exception criteria

### B. Preventative Treatment of Episodic Migraine

An authorization for 12 months may be granted for the preventative treatment of episodic migraine when all of the following criteria are met:

- A. If patient has not been approved for this drug by Neighborhood in the past, clinician must submit documentation that initial criteria is met.
- B. Patient is not using medication in combination with another oral CGRP antagonist, an injectable CGRP antagonist (e.g., Ajoovy, Emgality, Vyepti), or a botulinum toxin (e.g., onabotulinumtoxinA, abobotulinumtoxinA, incobotulinumtoxinA, rimabotulinumtoxinB)
- C. Documentation that the patient has experienced a positive clinical response to therapy as demonstrated by a reduction in headache frequency, duration and/or severity from baseline
- D. For Nurtec ODT requests only, the request is within the quantity limit of 8 tablets
  - i. If the request is exceeding the quantity limit, refer to section III for quantity limit exception criteria

## III. QUANTITY LIMIT

- Nurtec ODT: 8 tablets per month (30 days), post-limit of up to 18 tablets per 30 days
  - A quantity limit exception of more than 8 tablets per month up to a max of 18 tablets per month for preventative use would require a documented trial and failure of a preferred injectable CGRP antagonist (Ajoovy or Emgality), or documentation is provided that the patient is using a preventative migraine medication concurrently when Nurtec ODT is being used for acute treatment and documentation that the patient has been utilizing 8 tablets per 30 days for at least 3 months with inadequate coverage for acute migraine treatment.