

# GENERIC STEP THERAPY PLANS (GSTP)

| DRUG CLASS | NASAL STEROIDS                                 |
|------------|--|
| PGST SSB:  | Beconase AQ, Omnaris, Qnasl, Ryaltris, Zetonna |
| HPGST SSB: | Beconase AQ, Omnaris, Qnasl, Ryaltris, Zetonna |
| TGST SSB:  | Beconase AQ, Omnaris, Qnasl, Ryaltris, Zetonna |

**Status: CVS Caremark Criteria**

**Type: Initial Step Therapy; Post Step Therapy Prior Authorization**

## POLICY

### INITIAL STEP THERAPY

If the patient has filled a prescription for at least a 30 day supply of at least one brand or generic over-the-counter (OTC) nasal steroid or at least one generic prescription nasal steroid or at least one generic prescription nasal steroid combination within the past 180 days under a prescription benefit administered by CVS Caremark, then the requested branded drug will be paid under that prescription benefit. If the patient does not meet the initial step therapy criteria, then the claim will reject with a message indicating that a prior authorization (PA) is required. The prior authorization criteria would then be applied to requests submitted for evaluation to the PA unit.

### COVERAGE CRITERIA

The requested branded nasal steroid or branded nasal steroid combination will be covered with post step therapy prior authorization when the following criteria are met:

- The patient has experienced an inadequate treatment response after at least a 30 day trial of at least one brand or generic over-the-counter (OTC) nasal steroid or at least one generic prescription nasal steroid or at least one generic prescription nasal steroid combination  
**OR**
- The patient has a documented contraindication or a potential drug interaction that would prohibit a trial of at least one brand or generic over-the-counter (OTC) nasal steroid or at least one generic prescription nasal steroid or at least one generic prescription nasal steroid combination  
**OR**
- The patient has experienced an intolerance to at least one brand or generic over-the-counter (OTC) nasal steroid or at least one generic prescription nasal steroid or at least one generic prescription nasal steroid combination

### REFERENCES

N/A