

## **Asthma Medication Ratio**

## Neighborhood News – July 2023

Asthma, a major noncommunicable disease according to the World Health Organization, affects children and adults of all ages. It is the most common chronic disease in children. While it cannot be cured, its common treatment involves using an inhaler.

In the Measurement Year (MY) 2021, Neighborhood Health Plan of Rhode Island's (Neighborhood) Healthcare Effectiveness Data Information Set (HEDIS®) rate for the asthma medication ratio measure showed an improvement, increasing to 63.01% for our Medicaid members from the MY2020 rate of 61.73%.

## How can you help?

- Educate patients about identifying asthma triggers and the importance of taking controller medications
- Remind patients to fill their controller medication regularly
- Ask patients if they encounter any barriers or issues when filling prescriptions
- Work with the patient to develop an action plan for controlling asthma
- Inform patients about Neighborhood's Member Rewards options (Patient receives \$25 gift card if they complete the Asthma Action Plan)
- Remind patients to continue taking their controller medication even if they feel better and are symptom free

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