



Drug Policy:

Rubraca™ (rucaparib)

POLICY NUMBER UM ONC_1301	SUBJECT Rubraca™ (rucaparib)		DEPT/PROGRAM UM Dept	PAGE 1 of 4
DATES COMMITTEE REVIEWED 01/11/17, 01/10/18, 01/09/19, 12/11/19, 01/08/20, 06/10/20, 05/12/21, 11/15/21, 03/09/22, 05/11/22, 10/12/22, 11/09/22, 12/14/22, 03/08/23	APPROVAL DATE March 8, 2023	EFFECTIVE DATE March 31, 2023	COMMITTEE APPROVAL DATES 01/11/17, 01/10/18, 01/09/19, 12/11/19, 01/08/20, 06/10/20, 05/12/21, 11/15/21, 03/09/22, 05/11/22, 10/12/22, 11/09/22, 12/14/22, 03/08/23	
PRIMARY BUSINESS OWNER: UM		COMMITTEE/BOARD APPROVAL Utilization Management Committee		
URAC STANDARDS HUM v8: UM 1-2; UM 2-1	NCQA STANDARDS UM 2		ADDITIONAL AREAS OF IMPACT	
CMS REQUIREMENTS	STATE/FEDERAL REQUIREMENTS		APPLICABLE LINES OF BUSINESS Commercial, Exchange, Medicaid	

I. PURPOSE

To define and describe the accepted indications for Rubraca (rucaparib) usage in the treatment of cancer, including FDA approved indications, and off-label indications.

New Century Health (NCH) is responsible for processing all medication requests from network ordering providers. Medications not authorized by NCH may be deemed as not approvable and therefore not reimbursable.

The use of this drug must be supported by one of the following: FDA approved product labeling, CMS-approved compendia, National Comprehensive Cancer Network (NCCN), American Society of Clinical Oncology (ASCO) clinical guidelines, or peer-reviewed literature that meets the requirements of the CMS Medicare Benefit Policy Manual Chapter 15.

II. INDICATIONS FOR USE/INCLUSION CRITERIA

- A. Continuation requests for a not-approvable medication shall be exempt from this NCH policy provided:
 - 1. The requested medication was used within the last year, AND
 - The member has not experienced disease progression and/or no intolerance to the requested medication, AND
 - 3. Additional medication(s) are not being added to the continuation request.

B. Ovarian Cancer

- Rucaparib may be used as single agent maintenance therapy after complete or partial response to first line platinum-based therapy for BRCA 1 or 2 positive newly diagnosed stage II-IV ovarian cancer OR
- Rucaparib may be used as a single agent as maintenance therapy in a member with stage IIIV ovarian carcinoma who has recurrent platinum sensitive disease, with a deleterious
 germline BRCA 1 or 2 mutation, and after a complete or partial response to platinum-based
 therapy.
- 3. NOTE: Per NCH Policy, the use of Rubraca (rucaparib) as monotherapy is not approvable for persistent disease or recurrence in members with/without deleterious germline BRCA mutation who have been treated with two or more lines of chemotherapy. This Policy Position is based on the FDA withdrawal due to the findings from the ARIEL-4 study (see reference below) showing a lack of OS benefit with Rubraca (rucaparib) versus standard chemotherapy in the treatment of relapsed, BRCA-mutated, high-grade epithelial ovarian, fallopian tube or primary peritoneal cancer. Please refer to NCH alternative agents/regimens recommended by NCH, including but not limited to regimens available at http://pathways.newcenturyhealth.com.

C. Prostate Cancer

- 1. Rucaparib may be used as a single agent in prostate cancer when ALL the following criteria are met:
 - a. Member has metastatic Castration-Resistant Prostate Cancer AND
 - Member has experienced disease progression on an Androgen Receptor Directed therapy (e.g., abiraterone and/or enzalutamide) and a taxane-based chemotherapy (e.g., docetaxel, cabazitaxel + steroid) AND
 - c. Member's cancer is positive for BRCA 1 or 2 mutation (on germline testing on the patient and/or somatic testing on the tumor tissue).

III. EXCLUSION CRITERIA

- A. Disease progression while receiving Rubraca (rucaparib) or another PARP inhibitor [i.e., Zejula (niraparib) or Lynparza (Olaparib).
- B. Use of Rubraca (rucaparib) not to exceed more than 1 line of maintenance therapy for recurrent ovarian cancer.
- C. Lack of documented BRCA 1 or 2 testing: Germline testing for members with Ovarian Cancer AND Germline and/or somatic mutation testing on the tumor tissue.
- D. Concurrent use with chemotherapy.
- E. Dosing exceeds single dose limit of Rubraca (rucaparib) 600mg.
- F. Treatment exceeds the maximum limit of 120 (300 mg), 120 (250 mg), or 180 (200 mg) tablets/month.
- G. Use of Rubraca (rucaparib) not to exceed more than 1 line of maintenance therapy for recurrent ovarian cancer.
- H. Investigational use of Rubraca (rucaparib) with an off-label indication that is not sufficient in evidence or is not generally accepted by the medical community. Sufficient evidence that is not supported by CMS recognized compendia or acceptable peer reviewed literature is defined as any of the following:



- 1. Whether the clinical characteristics of the patient and the cancer are adequately represented in the published evidence.
- 2. Whether the administered chemotherapy/biologic therapy/immune therapy/targeted therapy/other oncologic therapy regimen is adequately represented in the published evidence.
- 3. Whether the reported study outcomes represent clinically meaningful outcomes experienced by patients. Generally, the definitions of Clinically Meaningful outcomes are those recommended by ASCO, e.g., Hazard Ratio of less than 0.80 and the recommended survival benefit for OS and PFS should be at least 3 months.
- 4. Whether the experimental design, considering the drugs and conditions under investigation, is appropriate to address the investigative question. (For example, in some clinical studies, it may be unnecessary or not feasible to use randomization, double blind trials, placebos, or crossover).
- 5. That non-randomized clinical trials with a significant number of subjects may be a basis for supportive clinical evidence for determining accepted uses of drugs.
- 6. That case reports are generally considered uncontrolled and anecdotal information and do not provide adequate supportive clinical evidence for determining accepted uses of drugs.
- 7. That abstracts (including meeting abstracts) without the full article from the approved peerreviewed journals lack supporting clinical evidence for determining accepted uses of drugs.

IV. MEDICATION MANAGEMENT

A. Please refer to the FDA label/package insert for details regarding these topics.

V. APPROVAL AUTHORITY

- A. Review Utilization Management Department
- B. Final Approval Utilization Management Committee

VI. ATTACHMENTS

A. None

VII. REFERENCES

- A. GSK: Dear health care provider letter (niraparib): Important prescribing information. 2022. https://www.zejulahcp.com/content/dam/cf-pharma/hcp-zejulahcpv2/
 - en_US/pdf/ZEJULA%20(niraparib)%20Dear%20HCP%20Letter%20September%202022.pdf
- B. Tew WP, Lacchetti C, Ellis A, et al: PARP inhibitors in the management of ovarian cancer: ASCO guideline. J Clin Oncol 38:3468-3493, 2020
- C. Oza AM, et al. Overall survival results from ARIEL4: A phase III study assessing rucaparib vs chemotherapy in patients with advanced, relapsed ovarian carcinoma and a deleterious BRCA1/2 mutation. Ann Oncol. 2022;33(suppl 7): 518O. doi:10.1016/annonc/annonc1054.
- D. Mateo J, et al. DNA-Repair Defects and Olaparib in Metastatic Prostate Cancer. N Engl J Med. 2015 Oct 29;373(18):1697-708.
- E. Thiery-Vuillemin, Antoine, et al. Health-related quality of life (HRQoL) for olaparib versus enzalutamide or abiraterone in metastatic castration-resistant prostate cancer (mCRPC) with



- homologous recombination repair (HRR) gene alterations: PROfound. Journal of Clinical Oncology38, no. 15_suppl(May 20, 2020)5539-5539.
- F. Schweizer MT, Cheng HH, Nelson PS, Montgomery RB. Two Steps Forward and One Step Back for Precision in Prostate Cancer Treatment. J Clin Oncol. 2020 Nov 10.
- G. Rubraca PI prescribing information. Clovis Oncology, Inc. Boulder, CO 2020.
- H. Clinical Pharmacology Elsevier Gold Standard 2023.
- I. Micromedex® Healthcare Series: Micromedex Drugdex Ann Arbor, Michigan 2023.
- J. National Comprehensive Cancer Network. Cancer Guidelines and Drugs and Biologics Compendium 2023.
- K. AHFS Drug Information. American Society of Health-Systems Pharmacists or Wolters Kluwer Lexi-Drugs. Bethesda, MD 2023.
- L. Ellis LM, et al. American Society of Clinical Oncology perspective: Raising the bar for clinical trials by defining clinically meaningful outcomes. J Clin Oncol. 2014 Apr 20;32(12):1277-80.
- M. Medicare Benefit Policy Manual Chapter 15 Covered Medical and Other Health Services: https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/Downloads/bp102c15.pdf.
- N. NCQA UM 2023 Standards and Elements.

