

Neighborhood Provider Training

Prior to treating members, and annually thereafter, all Neighborhood providers are required to review this training presentation and attest to your completion.

Updated for 2023



Training Overview

Neighborhood Health Plan of Rhode Island (Neighborhood) developed this training to assure the quality and integration of services available to members. This curriculum is designed for all network providers and includes a focused training on Neighborhood's Medicare-Medicaid Plan (MMP), INTEGRITY.

Prior to treating members (or within 60-days of notification), and annually thereafter, Neighborhood providers must complete this provider training requirement.

An authorized representative from each provider organization must complete the training and attest to having done so (link to attestation at the end of this training). This authorized representative also attests that he/she will train his/her employees using Neighborhood's training.



Look for this symbol throughout this training, indicating content that is hyperlinked to Neighborhood's webpage.



About Us

Neighborhood Health Plan of Rhode Island (Neighborhood) is very pleased you and your staff have chosen to be part of our provider network. As an organization, Neighborhood continually strives to embody our mission:

Neighborhood Health Plan of Rhode Island, an innovative health plan in partnership with the Community Health Centers, secures access to high quality, cost-effective health care for Rhode Island's at-risk populations.



Neighborhood Members

Neighborhood insures about serves one out of every five Rhode Islanders with approximately 225,000 members.

- Approximately 83% of our membership is Medicaid eligible
- About 6% are enrolled in Neighborhood's INTEGRITY (Medicare-Medicaid Plan)
- About 11% of our members are individuals, families and small businesses who select one of Neighborhood's Commercial plans available through Rhode Island's health insurance exchange, HealthSource RI.
 - Of these members with our Commercial/Exchange plans, about 85% qualify for federal subsidies to cover a portion of their costs. Neighborhood's Commercial/Exchange plans are consistently the most affordable, high-quality plans available through Rhode Island's health insurance exchange.

Neighborhood is committed to a culture of caring and ensuring our members have access to the medical treatment and community services necessary within a culturally and linguistically appropriate setting to achieve health and wellbeing.



Member Plans

Medicaid

High-quality plans for children, families, pregnant women and adults who are eligible for Medicaid through the State of Rhode Island

Commercial plans for individuals and families

Commercial plans for individuals and families cover all of the essential health benefits at an affordable price. Some members may qualify for tax-credits to help cover some of the cost of their premium.

Commercial Plans for Small Businesses

Neighborhood offers a variety of plans for small businesses (2-50 employees)

Neighborhood INTEGRITY (Medicare-Medicaid Plan)

A high-quality plan for individuals who are eligible for full benefit Medicare and Medicaid.



Our Offerings is a guide for information on all Neighborhood plans.



Contract Oversight

Medicaid

Contract with the State of Rhode Island Executive Offices of the State of Rhode Island (EOHHS)

Commercial Plans for individuals and families and Small Businesses

Plan offered through HealthSourceRI, the state-run health insurance exchange, with oversight by the Department of Business Regulations/Office of the Health Insurance Commissioner.

Neighborhood INTEGRITY (Medicare-Medicaid Plan)

Neighborhood's "three-way contract" with the Centers for Medicare and Medicaid Services (CMS) and the State of Rhode Island Executive Offices of the State of Rhode Island (EOHHS).

Visit cms.gov for the most recent version of the State Medicaid and Medicare Manuals.



Provider Resources

Find all of the information you need to work with Neighborhood, including the Provider Manual, forms, trainings, pharmacy information and more, at https://www.nhpri.org/providers/providerresources/

New! Quick Reference Guide for Providers

Providers can refer to Neighborhood's Quick Reference Guide for help with common questions and answers, as well as, frequently used telephone numbers.

Eligibility and Claims Information: Neighborhood is contracted with NaviNet to provide online member benefit, eligibility, and claims status lookup. Access the NaviNet website here.



Provider Rights and Responsibilities

- Grievance and Appeals procedures and timelines
- **Provider Complaints**
- Clinical (Medical Necessity Appeals)



Provider Complaints

- Neighborhood is committed to provider satisfaction and improving the provider experience. If, at any time, a provider's office or facility needs assistance, Neighborhood's Provider Services Department can assist and, if they are unable to resolve the issue for you on the telephone or via their internal escalation process, they may accept a provider-initiated complaint.
- Neighborhood Grievances and Appeals Unit logs each provider complaint and acknowledges the complaint either verbally or in writing. The complaint will be resolved via written notification within 30 calendar days from receipt unless additional time is needed.



Member Complaints & Grievances – All Lines of Business

When a member is dissatisfied, they may file a complaint or a grievance verbally or in writing directly with Neighborhood or through an authorized representative, such as their provider, family member, or friend, as long as this person has been appointed in writing to speak for the member.

• A complaint or grievance is an oral or written expression of dissatisfaction from a member or his/her authorized representative. Neighborhood will review an actual or alleged circumstance that gives the member cause for protest, causes a disruption of care, creates a level of anxiety, or leads to dissatisfaction with the plan or treatment received from a contracted plan provider.



INTEGRITY Member Grievances

Additional information pertaining to Members covered under Neighborhood INTEGRITY MMP:

For members enrolled in the INTEGRITY (Medicare-Medicaid Plan), any expression of dissatisfaction with the manner in which health care services have been provided, regardless of whether remedial action can be taken by the plan, is considered a Grievance. Grievances could include complaints regarding the timeliness, appropriateness, access to, and/or setting of a provided health service, procedure, or item. Grievances may also include complaints that a covered health care service procedure or item during the course of treatment did not meet accepted standards for delivery or health care. Grievances submitted by someone other than a member without written consent will be dismissed by Neighborhood until written consent is received from the member or his/her Legal Representative.



The Provider Role with Member Grievances

When Neighborhood receives a complaint from a member against a contracted plan provider, the Grievance and Appeals Unit or Quality Assurance Committee will outreach to the office in question to allow the provider the opportunity to review the member's concerns and provide a response. Neighborhood appreciates your full cooperation in responding to these requests, as they are a beneficial way to provide additional member education and support.

• If a provider receives an inquiry from Neighborhood requesting information to aid in the investigation and resolution of a member complaint or grievance, the provider is required to comply with Neighborhood's request as soon as possible and within fourteen (14) calendar days.



Clinical (Medical Necessity) Appeals

When to file the appeal:

- **Medicaid** appeals must be filed within 60 days of receiving the Initial Denial.
- Commercial/Exchange appeals must be filed within 180 days of receiving the Initial Denial.
- **INTEGRITY** appeals must be filed within 60 days of receiving the Initial Denial/Organization Determination.

Neighborhood's Grievance and Appeals Unit logs each appeal and sends a written acknowledgement to the appellant within five (5) calendar days of receipt of the appeal.

Remember:

- Appeals for high-end radiology services must be filed directly with eviCore, following the instructions on the initial denial notification.
- Appeals for Part D drugs must be filed directly with CVS Caremark, following the instructions on the adverse coverage determination notification.



Clinical Appeals Description and Process

A clinical appeal is a request for reconsideration of an initial adverse clinical determination.

• Clinical appeals may be standard or expedited.

Appeals submitted by someone other than a member without written consent will be dismissed in writing by Neighborhood until written consent is received from the member or his/her Legal Representative.

• A licensed practitioner with the same licensure status as the ordering physician reviews clinical appeals. No reviewer involved in prior reviews/direct care may participate in subsequent reviews.

Consult Neighborhood's Provider Manual on timelines for appeals, as well as, guidance for members or their treating providers who are not satisfied with the outcome of a clinical appeal.



Administrative (non-clinical "benefit") Appeals

An administrative appeal is a request by a member, a member's authorized representative, or a member's provider asking Neighborhood to reverse an administrative (non-clinical/non-utilization management) benefit limitation or adverse determination.

- <u>Medicaid</u> members who are not satisfied with the outcome of an administrative appeal may request a State Fair Hearing with the Executive Office of Health and Human Services (EOHHS) within 120 days of Neighborhood's internal appeal denial
- <u>INTEGRITY</u> administrative appeal denials for pre-service decisions or post-service member payment appeals for services that *may* be considered for coverage under Medicare, will automatically be forwarded to MAXIMUS for second level appeal review in accordance with CMS requirements by Neighborhood's Grievances and Appeals Unit.

Reference Neighborhood's Provider Manual for full details on administrative appeals.



Provider Claim Disputes (formerly known as Provider Claim Payment Appeals)

Requests that Neighborhood review and reverse a claim denial, adverse Reconsideration Request decision, and/or Adjustment Request decision are known as Provider Claim Disputes.

• Dispute must be filed within 60 days from the date on the provider's Neighborhood Remittance Advice.

Neighborhood's Grievances and Appeals Unit does not acknowledge these requests in writing. Typically, these disputes are resolved within 60 calendar days from the date the appeal was received unless additional time is needed. Approvals may result in a claim adjustment and, in some cases, written notification. Denials will result in written notification.



Appeal Resolution Timeframe

For all lines of business, the appeal will be resolved according to the following timeframes:

- Expedited appeals are resolved within 24-72 hours of the date and time of receipt unless an extension is needed, and then an additional 14 days will be added to the turnaround timeframe.
- <u>Standard pre-service appeals</u> are resolved within 30 calendar days of receipt unless an extension is needed, and then an additional 14 days will be added to the turnaround timeframe.
- <u>Post-service or payment appeals</u> are resolved within 30-60 calendar days of receipt and are not eligible for expedited appeal timeframe or extensions.

INTEGRITY-specific:

In addition to the timeframes above, effective January 1, 2020, <u>INTEGRITY Part B</u> <u>Medication Appeals</u> must be resolved within 72 hours (expedited) or seven (7) calendar days (standard) and are not eligible for extensions.



Compliance at Neighborhood

Neighborhood requires compliance with all laws applicable to the organization's business including compliance with all applicable federal and state laws dealing with fraud, waste and abuse.

It is Neighborhood's policy aggressively to prevent, detect, and reduce fraud, waste and abuse in the delivery of covered healthcare services.

• This is an obligation, a responsibility and a legal requirement for all Neighborhood employees, including contracted and non-contracted providers.

Neighborhood employees, providers, contractors, consultants and agents may report issues of suspected fraud, waste and abuse to the Compliance Hotline at (888)-579-1551.

Such reports may be made anonymously.



Fraud, Waste, and Abuse (FWA)

Fraud is a crime that involves knowingly and willfully executing, or attempting to execute, a scheme or artifice to defraud any health care benefit program or to obtain (by means of false or fraudulent pretenses, representations, or promises) any of the money or property owned by, or under the custody or control of, any health care benefit program. 18 U.S.C. §1347.

Waste includes overutilization of services, or other practices that, directly or indirectly, result in unnecessary costs to a government healthcare program. Waste is generally not considered to be caused by criminally negligent actions but rather the misuse of resources. Waste can result in fines and other penalties.

Abuse includes actions that may, directly or indirectly, result in unnecessary costs to a government healthcare program. Abuse involves payment for items or services when there is not a legal entitlement to that payment and the provider has not knowingly and/or intentionally misrepresented facts to obtain payment.



FWA – Examples

The following are common examples recognized as fraud and abuse by providers:

- Billing for services that were not rendered (e.g., billing for no-show appointments)
- Misrepresentation of a patient diagnosis to justify services
- Altering claims forms to receive a higher level of payment or circumvent a denial
- Soliciting, offering, or receiving a kickback for referral of patients in exchange for other services
- Concealing ownership of related companies (e.g.., the physician also owns the radiological service)
- Deliberate duplicate billing (to Neighborhood or another payer source)
- Unbundled or exploded charges in which the provider bills for components of a procedure instead of using a comprehensive code.
- Providing Certificates of Medical Necessity for members ineligible for services

- Falsifying plans of treatment or medical records
- Misrepresenting the services provided or the person receiving the services
- Billing for non-covered benefits by using a different procedure or diagnosis code
- Gang visit billing at a skilled nursing facility or other group domicile for members that did not receive care
- Excessive charges for services or supplies
- Claims for services that were not medically necessary
- Over-utilization of services
- Underutilization of services
- Solicitation for payment for covered services outside of co-payment, coinsurance, and/or deductible amount.



Implementing a Compliance Program to Deter FWA

Neighborhood strongly recommends that providers, their business associates and subcontractors develop their own compliance programs and regularly evaluate their effectiveness. Effective compliance programs can help create a work culture that prevents, detects, and resolves misconduct. Providers should take ongoing action to understand health insurance compliance requirements and meet them fully and consistently.

Neighborhood's Provider Manual includes references/links for compliance guidance documents prepared by the U.S. Department of Health and Human Services (HHS) Office of Inspector General (OIG).



Click here to view Neighborhood's Provider Manual,



FWA Audits and Investigations

Neighborhood, or its designees, utilize various review methods to audit and verify provider billing compliance including but not limited to, industry standard coding, adequate medical note documentation, contractual provisions and authentication of billed charges. FWA audits and investigations may be performed pre- or post-payment.

FWA audits and investigation timeframes will not exceed six (6) years from the original date of service, except where potential overpayments have been determined to be related to fraud, in which, there is an indefinite lookback period. Results will be communicated, in writing, post review.

Neighborhood's expectation is that all contractual obligations are fulfilled, as outlined in provider contracts.



Member Care

Providers will abide by critical incident (preventing abuse, neglect, and/or exploitation of members, information on reporting fraud, waste and abuse) guidelines.

Abuse: Intentional mental, emotional, physical or sexual injury to a child with disabilities, or failure to prevent such injury.

Neglect: Failure to provide a child with food, clothing, shelter and/or medical care, and/or leaving a child in a situation where the child is at risk of harm. Children with disabilities results in starvation, dehydration, over-or under-medication, unsanitary living conditions, and lack of heat, running water, electricity, medical care and personal hygiene.

Exploitation: Misuse of a child with disabilities for personal or monetary benefit. This includes taking Social Security or SSI (Supplemental Security Income) checks, abusing a joint checking account, and taking property and other resources.



Reporting Abuse

If you suspect abuse...

Tell Someone.

- Rhode Island law requires any person who has reasonable cause to suspect elder abuse to report it to the **Division of Elderly Affairs**. Call the DEA Protective Services Unit at (401) 462-0555.
- Suspected abuse of a person with a developmental disability must be reported to RI Department of **Behavioral Healthcare**, **Developmental Disabilities and Hospitals (BHDDH)**. Call the QA hotline (401)462-2629

Rape, Abuse and Incest National Network (RAINN)
National Sexual Assault Hotline 1-800-656-HOPE

Rhode Island Department of Health: https://health.ri.gov/



ADA Compliance

Providers must comply with the American with Disabilities Act (ADA) (28 C.F.R. § 35.130) and Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. § 794) and maintain capacity to deliver services in a manner that accommodates the needs of its Enrollees.

Persons with disabilities must have:

- ✓ Access to programs
- ✓ Opportunities for effective communication
- ✓ Physical accessibility

Neighborhood's approach to ADA compliance includes:

- Having a work plan for your practice to assess meaningful compliance with the ADA
- Conducting training and re-training with staff, as needed
- Working to understand members, their needs, and preferences



Persons with Disabilities

The Americans with Disabilities Act (ADA) defines a person with a disability as:

• A person who has a physical or mental impairment that substantially limits one or more major life activities.

This includes people who have a record of an impairment, even if they do not currently have a disability. It also includes individuals who do not have a disability, but are regarded as having a disability.



Be Prepared-Know Your Patients!

- When scheduling the appointment, ask about accommodations physical or otherwise that may be required.
- Record pertinent information in patient charts or electronic health records.
- If making referrals to other providers that the patient may not have previously seen, communicate with the receiving provider regarding the necessary accommodations.



Accommodating Persons with Disabilities

Physical Accessibility Guidelines:

- 1. Parking: Adequate, marked accessible parking.
- 2. Route: Access into the facility is stable, firm and slip resistant.
- 3. Entry: Zero steps into the building/office, entry doors at least 34" wide, entry door with easy assist system, elevators located on the accessible route with Braille symbols and also audible signals for up and down directions.
- 4. Restrooms: Large enough to accommodate a person with a wheelchair/scooter, entry doors at least 36" wide and easy to open, grab bars behind and to the wall side of the toilet, soap and towel dispenses 48" or less from the floor.
- 5. Exam Room: On the accessible route with an entry door at least a 32" clear opening.



Accommodating Persons with Disabilities

Effective Communication:

1. Use of auxiliary aids and services such as qualified readers and/or interpreters, audio recordings, relay service, Braille, assistive listening devices, large print, captioning.

Accessible Medical Equipment:

- 1. Height-adjustable exam tables.
- 2. Hoyer-type lift available to transfer a patient onto an exam table.
- 3. Wheelchair accessible weight scales.
- 4. Moveable exam chairs.



Accommodation Requirements

Providers need to make reasonable accommodations for members, including but are not limited to:

- Providing large print (at least 16-point font) versions of all written materials to individuals with visual impairments.
- Ensuring that all written materials are available in formats compatible with optical recognition software.
- Reading notices and other written materials to patients upon request.
- Assisting patients with filling out forms over the telephone.
- Ensuring effective communication to and from individuals with disabilities through email, telephone, personal assistance and other electronic means.
- Providing TTY, computer-aided transcription services, telephone handset amplifiers, assistive listening systems, closed caption decoders, videotext displays and qualified interpreters for persons who are Deaf.
- Providing individualized forms of assistance.



Culturally Competent Member Care

Culture - The customary beliefs, social forms, and material traits of a racial, religious, or social group + **Competence** - The ability to do something successfully or efficiently

What is cultural competence?

Integrating cultural knowledge into standards, policies, and practices leads to better quality of services and outcomes.

Cultural Competence enables providers to deliver services that are <u>respectful</u> of and <u>responsive</u> to the health beliefs, practices and cultural and linguistic needs of diverse patients.



Click here to view a list of health equity training opportunities for providers and staff (published in the January 2023 provider newsletter, Neighborhood News).



Becoming a Culturally Competent Provider

Value Diversity and Acceptance of Differences

• How does the member define health and family? Consider each person as an individual, as well as a product of their country, religion, ethnic background, language and family system.

Self-Awareness

- How does our own culture influence how we act and think?
- Do not place everyone in a particular ethnic group in the same category.

Consciousness of the impact of culture when we interact

- Respect cultural differences regarding physical distance and contact, eye contact, and rate and volume of voice.
- Misinterpretations or misjudgments may occur.



Becoming a Culturally Competent Provider

Knowledge of member's culture

- Become familiar with aspects of culture. Understand the linguistic, economic and social barriers that members from different cultures face which may prevent access to healthcare and social services.
- Make reasonable attempts to collect race-and language-specific member information.

Adaptation of Skills

- Provide services that reflect an understanding of diversity between and within cultures.
- Understand that members from different cultures consider and use alternatives to Western health care.
- Consider the member and their family's background in determining what services are appropriate.
- Consider the member and their family's perception of aging and caring for the elderly.
- Treatment plans are developed with consideration of the member's race, country or origin, native language, social class, religion, mental or physical abilities, age, gender and/or sexual orientation.

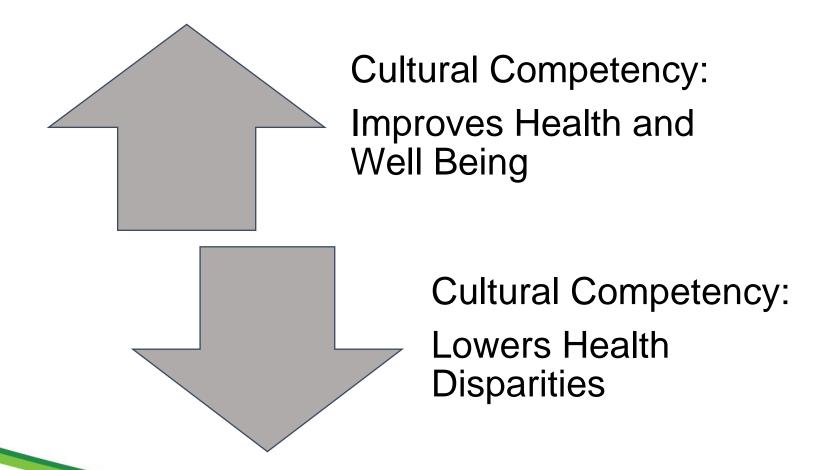


Tips for Successful Cross-Cultural Communication

- Let the person see your lips as you speak.
- Be careful with your pronunciation.
- Project a friendly demeanor/attitude.
- Stick to the main point.
- Be aware of your assumptions.
- Emphasize or repeat key words.
- Don't rush the person.
- Control your vocabulary; avoid jargon, slang, and difficult words.
- Listen carefully.
- Make your statement in a variety of ways to increase the chance of getting the thought across.
- Speak clearly but not more loudly.
- Write down key information for him or her to refer to later.



Cultural Competency and Quality







INTEGRITY Overview



What is INTEGRITY?

INTEGRITY provides "one-stop shopping" to serve the Whole Person

Provides all acute and long term services for enrollees

Seniors and adults with disabilities with both Medicare and Medicaid coverage

Individuals eligible for INTEGRITY are considered "dual eligible" or "duals"

Provides members with a better care experience with better coordination of benefits and services

Individual care plans provide customized service delivery

Person-centered care

Single health plan meeting unique needs of each member as a Whole

Neighborhood is the *only* health plan in Rhode Island to participate in the Duals Demonstration Program

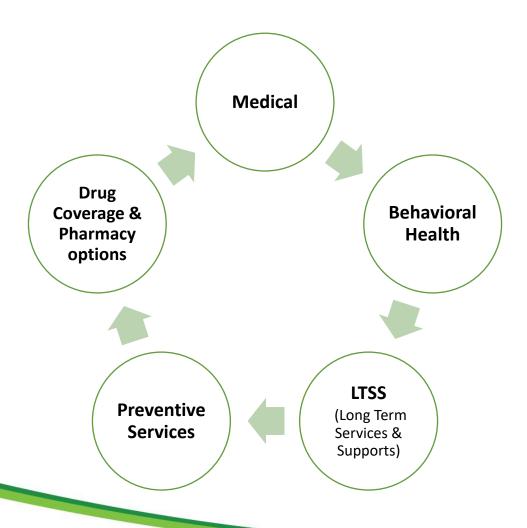


Goals of INTEGRITY

- 1. Offer quality primary and preventive care, integrated across the full continuum of care that builds and enhances the role of the Patient-Centered Medical Home (PCMH) and primary care practices;
- 2. Integrate the full continuum of Medicare and Medicaid benefits through collaborative relationships among Neighborhood's care management staff and with medical, behavioral and other community-based partners;
- 3. Facilitate informed member- and family-centric decision-making that meets the self-defined and varied needs of members, in collaboration with the informal supports and Neighborhood;
- 4. Improve members' health outcomes by coordinating care efficiently across the plan and with medical, behavioral and non-medical social supports and providers; and
- 5. Develop effective, efficient operations that leverage strong interpersonal and technical communications to deliver high-quality clinical and non-clinical care.



Comprehensive Coverage





INTEGRITY Enrollee Benefits

Medical, Behavioral Health and Long Term Services and Supports

• INTEGRITY MMP benefits include comprehensive medical, behavioral health and long term services and supports. In addition, Neighborhood will provide Medicare Part D and over-the-counter drug benefits, through the INTEGRITY formulary.



Medical Benefits for 2023

Medical Benefits	Member Copay
Hospitalization – medical and behavioral health*	\$0
Skilled Nursing Facility - 3 day hospitalization stay not required*	\$0
Emergency Care in the US and its territories	\$0
Provider's Visits	\$0
Annual Physical	\$0
Urgent Care in the US and its territories	\$0
MRI, CT Scans, Labs**	\$0
Durable Medical Equipment**	\$0
Outpatient Behavioral Health Services**	\$0
Medicare Part B Drugs*	\$0
Preventive Services	\$0
Adult Day Health Programs**	\$0
Respite Services	\$0
Homemaker*	\$0
Physical Therapy Evaluation & Services**	\$0
Environmental Modification, e.g. shower chair*	\$0
Part D and Over the Counter Drugs (Retail & Mail Order)**	\$0

^{*}Prior authorization rules apply

Non-emergency medical transportation will be provided through Medical Transportation Management, Inc.



^{**}Prior authorization rules may apply

Behavioral Health & Substance Use Treatment Services

Neighborhood INTEGRITY benefits include behavioral health and substance use services.

Covered benefits have a \$0 copay, coinsurance or deductible.

- Day treatment**
- Intensive outpatient services**
- · Methadone maintenance
- Integrated Health Homes (IHH)**
- Partial Hospitalization*

- Mental Health Psychiatric Rehabilitation Residence (MHPRR)**
- Opioid Treatment Program (OTP)**
- Assertive Community Treatment (ACT)**
- Psychiatric rehabilitation day programs**
- Substance abuse residential treatment*

The above covered services are managed by our partner Optum[®]. Our shared goal is to assist you in being as healthy as you can be, both mentally and physically. We cover both inpatient* and outpatient mental health and substance abuse programs designed to help diagnose and treat your condition.

Please contact Optum® directly at 1-401-443-5995 (TTY 711) for more information on these services.



^{*}Prior authorization rules apply

^{**}Prior authorization rules may apply

Long-Term Services and Supports (LTSS)

If eligible for Long-Term Services and Supports***, Neighborhood INTEGRITY provides coverage for:

- Skilled nursing services**
- Meals on Wheels
- Assisted Living Facility*
- RIte@Home shared living
- Nursing Home Care*

MMP members can also access Neighborhood's Personal Choice Program, that allows members to be part of the hiring process for their personal care assistants* to help them stay at home or in the community.

*Prior authorization rules apply

**Prior authorization rules may apply



No Cost Extra Benefits and Services for 2023

Neighborhood is excited to offer the following benefits and services for healthy living at no extra cost for our MMP members:

In-Home Support Services

 A companion program that provides help with everyday tasks, transportation needs, and more. With <u>Papa Pals</u>, a trained companion will help you based on your needs. Coverage includes up to 120 hours per year of companion care.

Healthy Food and Nutrition Benefit

A healthy food savings card through <u>healthy</u>
 <u>benefits</u>. With this card, MMP members
 receive a \$25 monthly savings card that can
 be used to purchase healthy and nutritious
 groceries.

Fitness benefit

Coverage includes membership to the <u>YMCA of</u>
 Greater Providence and includes a fitness tracker.

Home Delivered Meals (after inpatient surgery or hospitalization)

 Meal delivery service with <u>Mom's Meals</u> includes home-delivered meals after discharge from an inpatient hospitalization or surgery. This benefit covers fourteen (14) meals for two weeks and limited to twice (2) per year for a total of twentyeight (28) meals is covered.

Please note, some restrictions may apply. For more information, please call Neighborhood Member Services at 1-844-812-6896 (TTY 711), Monday -Friday, 8 a.m. – 8 p.m.; Saturday, 8 a.m. – noon.



INTEGRITY - Pharmacy Benefits

MMP Pharmacy Program

- As part of the contract providers must comply with all CMS regulations that govern the MMP product including all Medicare Part D requirements. This section outlines INTEGRITY MMP pharmacy program, including general information on our formulary and utilization management programs. Also included is a description of Neighborhood's Step Therapy program and Medication Therapy Management program (MTM).
- Neighborhood contracted with CVS/Caremark, a national pharmacy benefits management company, to administer the Medicare Part D pharmacy benefit provided to INTEGRITY members. In addition to many smaller independent pharmacies, Neighborhood's pharmacy network includes CVS, Rite Aid, Walgreens, Walmart and many others. A complete list of contracted pharmacies is available on our web site, www.nhpri.org



<u>Click here to visit the 2023 MMP Pharmacy Benefits</u> <u>webpage</u> for more information on MMP pharmacy benefits.



Benefits Covered Outside of INTEGRITY

Medicare

Hospice Care

Medicaid

Non Emergency Transportation

(Members use State's transportation vendor)

Routine Dental

Residential Services for I/DD Enrollees

Home Stabilization Services



Non-Covered Services for INTEGRITY

Experimental Procedures

Cosmetic Surgery

(except if needed because of accidental injury or reconstruction of a breast after a mastectomy)

Private rooms in hospitals

(unless medically necessary)

Medications for sexual or erectile dysfunction



Transition Policy

Neighborhood will provide an appropriate transition process applicable to with regard to:

- The transition of new enrollees into prescription drug plans at the beginning of a contract year;
- The transition of newly eligible Medicare beneficiaries from other coverage at the beginning of a contract year;
- The transition of individuals who switch from one plan to another after the start of the contract year;
- Enrollees residing in long term care facilities;
- Enrollees who change treatment setting due to changes in level of care;
- In some cases, current enrollees affected by formulary changes from one contract year to the next, consistent with the requirements set forth in CMS guidance for participation in the Medicare Part D Drug Program. CVS/Caremark also provides an appropriate transition process that meets the criteria above and any other criteria established by the state and CMS.

This transition process is applicable to medications that require Prior Authorization (PA) edits (except edits required for safety); Step Therapy (ST) edit; Quantity Limit (QL) edit; or not on the formulary.



Continuity of Care Policies

Access to Providers & Services

Enrollees are allowed to maintain their current providers and service levels at the time of enrollment until the later of:

- Six months after enrollment; or
- For enrollees determined to be low or moderate risk, when an Initial Health Screen (IHS) has been completed by the MMP; *or*
- For enrollees determined to be high risk, when a Comprehensive Functional Needs Assessment (CFNA) and an ICP have been completed by the MMP.

The above applies to all items and services other than nursing facility services and non-Part D prescription drugs, including non-preferred diabetic testing supplies. Members residing in a nursing home during the enrollment period may remain there as long as EOHHS criteria is met.

<u>Change in Provider</u>

During the transition period, Neighborhood may change a member's provider when:

- Member requests a change in provider, or
- The IHS and CFNA are complete and the member agrees to a change in provider, or
- The provider discontinues treating the member, or
- Identified performance issues with the provider that affect a member's health and well being.



The MMP Enrollment Process

- Individuals eligible for Medicaid and Medicare may enroll into INTEGRITY at any time
- The State of Rhode Island has continuous open enrollment for most dual eligible individuals
- Most individuals may opt out of INTEGRITY at any time.



Right to make choices throughout enrollment, assessment, care plan processes

Right to participate in decisions regarding their care

Member

Right to access services and information

Right to question decisions regarding care



Access to Relevant Information

- Health and functional status information
- Medical records upon request
- Request corrections or amendments to medical records
- Information on available treatment options, alternatives
- Full explanation of plan options, rules, benefits



Choice and Participation in Assessment Process

Continuity of Care Period

Initial Health Screening

Be involved

Continue existing services

Keep current providers

After the assessment

Care Plan agreed upon

Care Coordination

Periodic reassessments

File an internal appeal



Balance Billing

Neighborhood prohibits providers from "balance billing" INTEGRITY members



No copayments and out of pocket costs for members

More benefits for members





INTEGRITY Member Appeals

INTEGRITY members have the right to file a grievance if they have concerns or problems related to their coverage or care as discussed in the general provider training. Below focuses on member <u>appeals</u> following an Adverse Organization Determination.

INTEGRITY members have five (5) types of appeals available, each with variable additional levels of appeal available to the member:

- A Part C appeal is defined as: Any of the procedures that deal with the review of adverse organization determinations on the health care services an enrollee believes he or she is entitled to receive, including delay in providing, arranging for, or approving the health care services (such that a delay would adversely affect the health of the enrollee), as defined in 42 CFR 422.566(b).
- A Part D appeal is defined as: Any of the procedures that deal with the review of adverse coverage determinations made by Neighborhood relative to benefits covered under a Part D plan the enrollee believes he or she is entitled to receive, including a delay in providing or approving the drug coverage (when a delay would adversely affect the health of the enrollee) as defined in §423.566(b).



INTEGRITY Member Appeals, cont.

In addition to a Part C appeal and a Part D appeal, INTEGRITY members have the following available to them:

- A Fast Track Appeal is a type of appeal when the member disagrees with the coverage termination decision from a skilled nursing facility (SNF), home health agency (HHA), or comprehensive outpatient rehabilitation facility (CORF), or upon notification of discharge for an inpatient hospital stay. CMS contracts with Quality Improvement Organizations (QIOs) to conduct fast-track appeals.
- A clinical appeal is a request for reconsideration of an initial adverse clinical organization determination.
- An administrative appeal is a request to reverse an administrative (non-clinical/non utilization management) determination such as payment of claims or coverage of services relative to a member's available benefits.

Applicable appeal rights are determined by whether the services are covered by Medicare, Medicaid or by both Medicare and Medicaid. For services covered by both Medicare and Medicaid, members are entitled to all appeal rights available to services covered by Medicare and Medicaid.



Standard Member Appeals

Procedure for Services Covered by Medicare

- 1. The member, member's authorized representative, or treating provider initiates a request for reconsideration to the Neighborhood Grievances and Appeals Unit either verbally, in writing or in person.
- 2. The Grievances and Appeals Unit consults with other Neighborhood departments when appropriate, and completes the investigation and notifies the member as expeditiously as the member's health condition requires.

Procedure for Services Covered by Part D

- 1. The member, member's authorized representative, or treating provider initiates a request for redetermination to the CVS Caremark Coverage Determination and Appeals Department either verbally, in writing or in person.
- 2. The CVS Caremark Coverage Determination and Appeals Department receives and reviews the written appeal and, if needed, will request additional documentation.

For information on timelines and additional level of appeals available, please consult Neighborhood's Provider Manual.



Fast-Track Appeals

To initiate a fast-track review for services covered by Medicare, the member or his/her authorized representative must submit a fast track appeal request within the required time frame to:

KEPRO, BFCC-QIO Program 5700 Lombardo Center Dr., Suite 100 Seven Hills, OH 44131 Toll-free Phone: 888-319-8452

TTY: 855-843-4776

Toll-free Fax: 833-868-4055

Once an appeal is filed, members remain entitled to continuation of coverage for their inpatient hospital stay, skilled nursing services, home health services, or comprehensive outpatient rehab services until KEPRO renders a decision.

• When the member contacts KEPRO for a fast-track appeal, Neighborhood requires the provider to make the medical record and a copy of the Important Message (IM) and/or the Notice of Medicare Non-Coverage (NOMNC) issued to the member readily available upon request.



Fast-Track Appeal Resources

Please refer to the CMS notification form IM/OMB number 0938-0692 or OMB number 00938 – 0953 for the requirements to prepare and deliver a valid IM or NOMNC.

Refer to the "KEPRO Fax Cover Sheet for Fast Track Appeals" for the required medical record documentation list located on the KEPRO web page www.keproqio.com website.

• All sections of the medical record are to be faxed to Neighborhood's Grievance and Appeal Unit at (401) 709-7005.

Review to Neighborhood's Provider Manual for more information.



Enrollment Services

Enrollee Ombudsman Services

Rhode Island's Executive Office of Health and Human Services (EOHHS) has a contract with Rhode Island Parent Information Network (RIPIN) to provide Ombudsman services for the Medicare-Medicaid eligible population in Rhode Island.

Role of the Enrollment Counselor

The State contracts with an independent entity, which will be responsible for processing all enrollment and disenrollment transactions. The enrollment counselor will provide unbiased education to enrollees on MMPs and other potential enrollment choices, and ensure ongoing customer service related to outreach, education and support for individuals eligible for the Demonstration. The enrollment counselor incorporates the option of PACE enrollment into its scripts and protocols.



Enrollee Resources

RIPIN Healthcare Advocates (http://ripin.org/healthcareadvocate/)

1-855-747-3224

Email: HealthcareAdvocate@ripin.org

The POINT/State Health Insurance Assistance Program (SHIP) Counselors 1-401-462-4444 (TTY 711)



Role of the Provider

Neighborhood's INTEGRITY plan is based on a signed three-way contract with CMS and EOHHS. Collaboration with Neighborhood's contracted providers is critical to the program. Contracted providers actively assist with the data collection, reporting and performance review components of the plan as defined in the three-way contract. Additionally, Neighborhood collaborates with contracted providers to identify opportunities for improvement.

Marketing Guidelines

Neighborhood's contract with CMS and EOHHS defines how we and our providers can market and advertise INTEGRITY. Providers will comply with marketing guidelines outlined in the Medicare Marketing Guidelines including any limited English proficiency provisions. Providers may not include any references to their affiliation with INTEGRITY MMP in their marketing or advertising without prior approval. Neighborhood will submit all designated marketing materials and scripts to CMS and EOHHS to obtain approval prior to distribution or display. Please contact Neighborhood prior to beginning any communications or marketing initiatives.



Primary Care Providers

The Primary Care Provider (PCP) serves as the "medical home" for the member. The "medical home" concept should assist in establishing a patient-provider relationship and ultimately better health outcomes.

Responsibilities include but are not limited to:

- Supervision, coordination, and provision of care to each assigned member
- Initiation of referrals for medically-necessary specialty care.
- Maintaining continuity of care for each assigned member.
- Maintaining the member's medical record, including documentation for all services provided to the member by the PCP, as well as any specialists, behavioral health or other referral services.
- Screening for behavioral health needs at each visit and when appropriate, initiate a behavioral health referral.
- Identification of and coordination of LTSS and behavioral health services



Referrals and Specialty Care

Neighborhood does not require members to have a referral to see specialists.

Out-of-network care requires prior authorization from Neighborhood. Neighborhood providers must complete an <u>Out of Network Prior Authorization eForm</u> to receive approval to refer a member out-of-network.

Certain benefits for INTEGRITY members require prior authorization. These benefits include both skilled and unskilled services. Please refer to the Prior Authorization Search Tool found on Neighborhood's website (www.nhpri.org) to determine which services require prior authorization:

• https://www.nhpri.org/providers/policies-and-guidelines/prior-authorization-reference-guide-search-tool/



Behavioral Health Providers

Behavioral health services are available to all Neighborhood INTEGRITY members without a referral. OptumTM is the behavioral health benefits and network manager for Neighborhood Health Plan of Rhode Island.

Behavioral health providers are required to provide covered health services to members within the scope of their Neighborhood agreement and specialty license.



LTSS Providers

Neighborhood INTEGRITY members will receive an initial health screen to help determine their long-term services and supports (LTSS) needs.

If a member requires LTSS services, they will be included in the member's care plan, which will be shared with the member's PCP

INTEGRITY members eligible for LTSS may have to pay part of the cost of the services. The amount is determined by Rhode Island Medicaid.



Interdisciplinary Care Management

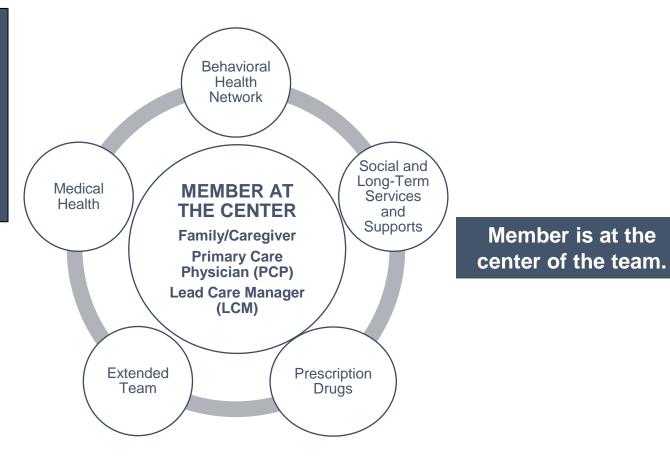
Conflict-free case management must be provided. Individuals performing evaluations, assessments, and plans of care cannot be related by blood or marriage to the individual or any of the individual's paid caregivers, financially responsible for the individual or empowered to make financial decisions or health-related decisions on behalf of the individual.

The Interdisciplinary Care Team works together to develop the member's Interdisciplinary Care Plan (ICP).



Interdisciplinary Care Plan

The membership of the team is based on member's goals, priorities and needs: medical, behavioral health, social supports and long-term services and supports.





Initial Health Screen

Who receives one?	Community Non LTSS newly-eligible members who reside in the community and who are not eligible for long term services and supports (LTSS) This could also include INTEGRITY members who have SPMI, I/DD.
Goal	To determine if the member is low, moderate, or high risk. To maximize independence, focus on preventative health, wellness and self management.
Tool	Standardized tool that identifies a member's need for case management services. This holistic tool screens for: medical and physical needs, behavioral health needs, substance abuse, and functional, social and financial issues.
Timeline	Within 45 calendar days of enrollment in the health plan. Within 15 calendar days of request from member or caregiver.
Telephonic or In Person	Telephonic outreach



Risk Stratification Based on IHS Results Groups and Definitions

High Risk	Members identified as high risk based on, but not limited to the following criteria. Evidence of hospitalizations and readmissions, multiple emergency room visits, impairment with activities of daily living (ADLs), cognitive impairment, loss of informal caregiver in the prior six month period before enrollment, potential loss of housing, has complex medical or behavioral health conditions, and/or social supports needs that may lead to the need for high-cost services, deterioration in health status, or institutionalized after completing health risk assessment.
Moderate Risk	Members identified as moderate risk based on evidence of needs related to housing, communication, cognitive and/or functional status or access to health care.
Low Risk	Members identified as low risk based on the responses to the Initial Health Screen (IHS).



What does the IHS Tool Assess?

Member Emergency room Availability of an utilization in the last demographic informed caregiver information six months History of Strengths based Prior nursing facility needs and hospitalizations in the admissions preferences last year Presence of co-Ability to perform Self-reported health activities of daily morbid chronic status conditions living (ADLs)



Comprehensive Functional Needs Assessment

Who receives one?	INTEGRITY MEMBERS DETERMINED AS HIGH RISK AND COMMUNITY LTSS MEMBERS Members living in the community: (1) receiving long-term services and supports (LTSS); (2) determined to be "high risk" based on the results of the Initial Health Screen (IHS); and (3) as needs are identified for those determined to be "moderate risk."
Goal	To identify the multi-disciplinary conditions and needs of the member including but not limited to: medical, behavioral health, functional condition, long-term care, social services, informal support system, housing conditions, other conditions and needs to assure that members maximize their health and functional capabilities, well being and independence.
Tool	Approved CFNA, user-friendly, culturally and linguistically appropriate.
Timeline	For Community Non-LTSS members identified as high risk based on IHS results: No later than 15 days of completing the IHS.
Telephonic or In Person	In person in the member's home (with the member's consent).



What does the CFNA Tool Assess?

Key Information: Member Preferences and Strengths

Mental health Member screening and history demographic Utilization history Alcohol, tobacco and information other drug use Strengths based Medical and needs and Cultural and behavioral health linguistic preferences preferences for care history delivery Medications and Ability to perform Self-reported health medication activities of daily status living (ADLs) management needs



Wellness Assessment (Plan)

Who receives one?	 COMMUNITY NON-LTSS WHO ARE LOW RISK NURSING FACILITY members who reside in a nursing facility at the time of enrollment and do not have the desire to return to the community.
Goal	To keep the member healthy.
Tool	The IHS is used to develop the Wellness Plan.
Timeline	Within 120 days of enrollment
Telephonic or In Person	Telephone



What Does the Wellness Tool Assess? Examples:

Utilization history for Ability to perform inpatient services and **ADLs** Member demographic other acute care information needs within the prior Fall risks 18 months Strengths based needs and Medical and preferences for care behavioral health Advance directives delivery, housing, history caregiver involvement and other key factors Mental health Cultural and linguistic Health status screening and history preferences



The Reassessment Process

What happens when circumstances change for community members?

The process is faster.

RE-ASSESSMENT

Members will receive a comprehensive re-assessment sooner than they otherwise would, when there is a change in circumstances.

MEMBER IS HOSPITALIZED

A face to face re-assessment must be conducted within 5 days of discharge from a hospitalization.

MEMBER EXPERIENCES OTHER CHANGES

A face to face re-assessment must be conducted within 15 calendar days of identifying one or more significant changes in the member's condition, needs or circumstances (see right)

Change in circumstances includes:

- Significant change in medication
- 2. Change in, or loss of a caregiver
- Medical, psychosocial or behavioral health crisis
- 4. Excessive emergency department utilization
- 5. Other major changes in the member's psychosocial, medical, or behavioral condition
- 6. A major change in housing



Reassessments and their Effects on the Interdisciplinary Care Plan

Neighborhood will assure that re-assessments are administered by a qualified clinician, in keeping with the policy and procedure for Comprehensive Functional Needs Assessment (CFNA).

Comprehensive reassessment will have the same content as the initial CFNA. Neighborhood will revise the member's Interdisciplinary Care Plan (ICP) to incorporate the results of the comprehensive assessment. The revised ICP will be distributed to the appropriate Interdisciplinary Care Team (ICT) members, including, but not limited to, the member and his/her caregivers.



The Discharge Opportunity Assessment

Who receives one?	NURSING FACILITY members
Goal	To identify nursing facility residents who may have a desire and/or opportunity to return to the community, based on, but not limited to, self or provider referral, Minimum Data Set (MDS) results and predictive modeling.
Timeline	Within 30 days of the member being identified or referred.
Telephonic or In Person	In person
Neighborhood Actions	For members residing in nursing home facilities identified as having a desire and/or opportunity to return to the community, Neighborhood will: (1) Develop a personcentered Community Transition Plan; and, (2) Assign the member a Transitions Care Manager (TCM).



Quality Improvement

Neighborhood's Quality Improvement (QI) Program strives to ensure that members have access to high quality health care services that are responsive to their needs and result in positive health outcomes.

• To meet this goal, Neighborhood's program targets clinical quality of care, member and provider satisfaction and internal operations. Annually the Quality Improvement Program Description is approved by Neighborhood's Board of Directors.



Quality Management Structure

Board of Directors

- Final authority and responsibility for the care and service delivered to Neighborhood's members
- Delegates oversight of the Quality Improvement Program to the Clinical Affairs Committee (CAC)
- Annually reviews and approves:
 - Quality Improvement Work Plan
 - Quality Improvement Program Description
 - Quality Improvement Program Evaluation



Performance and Health Outcome Measurements

Plan of Care completion rate

Member involvement in the development of their Plan of Care

Network adequacy: access, time, and distance standards

HEDIS Effectiveness and Access to Care measures

Ambulatory follow-up visit post discharge from an acute care facility

Ambulatory follow-up visit post discharge from a skilled nursing facility or group home

Monitoring of complaints, grievances, and appeals

CAHPS member experience measures

Hospital admission rate per 1,000 members per year

Hospital re-admissions rate per 100 discharges

Rate of emergency department visits per 1,000 members per year



Clinical Affairs Committee (CAC)

The INTEGRITY Quality Improvement Program is in compliance with CMS and EOHHS quality standards, expectations and priority initiatives.

- Providers are responsible for ensuring compliance with quality improvement standards.
- Providers must meet specific levels of quality outcomes using evidenced-based practices.

Findings and issues will be presented to the Clinical Affairs Committee for review and approval and be shared with the Chief Medical Officer and the Vice President of Medicare & Medicaid Integration.



INTEGRITY Population

- Seniors 65 and older
- Adults with disabilities 21-64
- High health care needs and costs
- Range of complex conditions and disabilities
 - Many have significant behavioral health conditions
 - Physical disabilities, multiple chronic conditions
 - Functional and cognitive limitations, and more
- Comorbidities, more than one condition
- Among the nation's poorest, with significant disabilities



Rhode Island's Full Benefit Duals: Where do they live?

ADULTS

- Between 21-64 years of age
- Adults with disabilities, living in the community or in an institution.
- 95% live in the community.
 - 30% receive home and communitybased services (HCBS)
- 5% live in LTC institutions

SENIORS

- 65 years of age and older
- Seniors, living in the community or in an institution.
- 65% live in the community
 - 6% receive home and communitybased services (HCBS).
- 35% live in long term care institutions



A Sketch of the Population

Most persons have 2 or more chronic conditions

DIVERSE:
Age, Race,
Significant,
complex
disabilities.

Ethnicity, Language, Sexual Orientation, Religion and Disability. 50% Behavioral health diagnosis Top 3 conditions:

Diabetes, Psychiatric Disorders and Heart Disease. Most need help with daily living activities

RI Duals

- ✓ 44% under the age of 65.
- ✓ 66% female.
- ✓ Many live in Providence.



INTEGRITY & Cultural Competence

"The concept of cultural competency has a **positive effect** on patient care delivery by enabling providers to deliver services that are **respectful of and responsive to** the health beliefs, practices and cultural and linguistic needs of diverse patients."

- National Institutes of Health (NIH)

Seniors aged 65 and older

Adults with disabilities aged 21-64

Range of complex conditions and disabilities

Comorbidity conditions

(Multiple conditions)

High health care needs and costs

Among the most economically disadvantaged with significant disabilities



INTEGRITY Members and Health Disparities

Healthy People 2020 definition:

A health disparity is "a particular type of health difference that is closely linked with social, economic, and/or environmental disadvantage."



Racial, Ethnic, Linguistic Minorities

Rates of *preventable*hospitalizations
almost double that
of non-Hispanic
whites.

Higher
hospitalization rates
from Influenza
among African
Americans

Racial & Ethnic Minorities



LGBTQ Individuals

Health disparities resulting in negative health outcomes:

- Structural and legal factors
- Social discrimination
- Lack of culturally competent health care
 - Lesbians and bisexual women up to 10 times less likely to receive regular cervical cancer screening.
- 1 in 4 transgender women are HIV positive
- Gay and bisexual men account for 66% of new HIV infections.

LGBT Individuals
 experience higher
 prevalence of HIV, mental
 illness, substance abuse,
 smoking and other
 conditions



Aging Demographic

By 2050:

20% of Americans will be elderly.

35% over age 65 will be racial or ethnic minority.



Barriers to Culturally Competent Care

Structural racism

Oppression

Discrimination

Language – Lack of interpreters

Attitudes

Communication: Interpreters for the Deaf

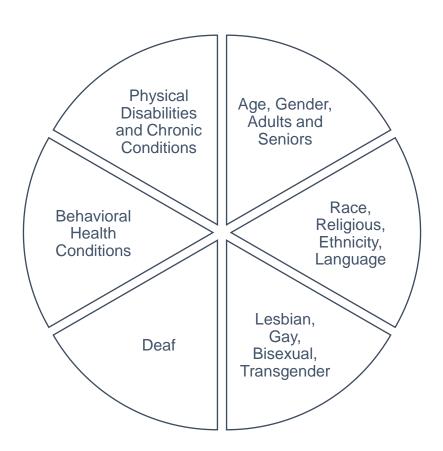
Physical space and equipment – Lack of ADA compliance



Equal Access For All Cultures and Communities

INTEGRITY

will serve a diverse population representing many cultures and identities.





Educational Resources

RI EOHHS Integrated Care Initiative

- https://eohhs.ri.gov/initiatives/integrated-care-initiative
- Training Culturally Competent Direct Care Workers: Key Considerations for Long-Term Services and Supports Providers

Health Resources & Services Administration: Health Literacy

• https://www.hrsa.gov/about/organization/bureaus/ohe/health-literacy

Email <u>ProviderTraining@nhpri.org</u> for assistance in finding other resources



Thank you for your time, collaboration, and commitment to Neighborhood members.

At the end of this training, please <u>click this link to attest</u> to your understanding and completion.

An authorized representative from each provider organization must complete the training and attest to having done so. This authorized representative also attests that he/she will train his/her employees using Neighborhood's training.

Together with our provider partners, Neighborhood is dedicated to providing high quality, cost-effective health care for Rhode Island's at-risk populations.

If you have any questions regarding this training, please contact Provider Relations or email: providertraining@nhpri.org

