

## Tobacco Cessation: Help Members Quit

Neighborhood News – October 2022

The annual Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey asks Medicaid adult members to report on their experiences with their health plan and with health care services in different settings. Included in the CAHPS survey are the following questions related to Medical Assistance with Smoking and Tobacco Use Cessation:

- Do you now smoke cigarettes or use tobacco every day, some days, or not at all?
- In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?
- In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco?
- In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco?

Overall results from Measurement Year (MY) 2021 CAHPS survey show the following:

| CAHPS Survey Question                        | MY 2019 Results | MY 2020 Results | MY 2021 Results |
|--|-----------------|-----------------|-----------------|
| Members who use tobacco were advised to quit | 85.99%          | 82.07%          | 75.68%          |
| Providers discussed cessation medications    | 68.91%          | 68.51%          | 62.78%          |
| Providers discussed strategies to quit       | 61.15%          | 64.46 %         | 57.92 %         |

**The findings from the CAHPS survey indicates declines in MY 2021 survey results when members were asked if they were advised to quit and discussed or recommended medications or strategies to quit by a doctor or health provider.**

### How can you help?

Continuing to discuss strategies to quit, asking patients about tobacco use, advising them to quit and providing them with information regarding tobacco cessation and resources will improve the health and wellness of our members and are very much appreciated by Neighborhood.

### Resources

To obtain tobacco cessation assistance for your patient, you can advise them to call 1-800-Quit-Now. To view additional resources available to all your patients, please view the following link <http://tobaccofree-ri.org/cessation-resources.htm>.

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