Drug Policy:

Emend™ (Aprepitant oral or Fosaprepitant), Cinvanti™ (aprepitant injection), and Varubi™ (rolapitant oral)

I. PURPOSE

To define and describe the accepted indications for Emend (aprepitant oral or fosaprepitant), Cinvanti (aprepitant injection), and Varubi (rolapitant oral) usage in the treatment of cancer, including FDA approved indications, and off-label indications.

New Century Health (NCH) is responsible for processing all medication requests from network ordering providers. Medications not authorized by NCH may be deemed as not approvable and therefore not reimbursable.

The use of this drug must be supported by one of the following: FDA approved product labeling, CMS-approved compendia, National Comprehensive Cancer Network (NCCN), American Society of Clinical Oncology (ASCO) clinical guidelines, or peer-reviewed literature that meets the requirements of the CMS Medicare Benefit Policy Manual Chapter 15.

II. INDICATIONS FOR USE/INCLUSION CRITERIA
A. PREFERRED MEDICATION GUIDANCE FOR INITIAL REQUEST:

1. When health plan Medicaid coverage provisions—including any applicable PDLs (Preferred Drug Lists)—conflict with the coverage provisions in this drug policy, health plan Medicaid coverage provisions take precedence per the Preferred Drug Guidelines OR

2. When health plan Exchange coverage provisions—including any applicable PDLs (Preferred Drug Lists)—conflict with the coverage provisions in this drug policy, health plan Exchange coverage provisions take precedence per the Preferred Drug Guidelines OR

3. For Health Plans that utilize NCH UM Oncology Clinical Policies as the initial clinical criteria, the Preferred Drug Guidelines shall follow NCH L1 Pathways when applicable, otherwise shall follow NCH drug policies AND

4. Continuation requests of previously approved, non-preferred medication are not subject to this provision AND

5. When available, generic alternatives are preferred over brand-name drugs.

B. Antiemesis

1. Note: Per NCH policy, generic intravenous Emend (fosaprepitant) is preferred over oral Emend (aprepitant), Cinvanti (aprepitant injection), and Varubi (rolapitant oral).

2. Emend (fosaprepitant injection), is being used in combination with dexamethasone and a serotonin (5-HT3) antagonist before chemotherapy including ANY of the following:
   a. Moderately/highly emetogenic risk chemotherapy based on the antiemetic practice guideline from NCCN OR
   b. Low or minimal emetogenic risk chemotherapy in members who have failed or are intolerant to or have a contraindication to Zofran (ondansetron) OR Kytril (granisetron).

III. EXCLUSION CRITERIA

A. Emend (fosaprepitant injection/oral aprepitant), Cinvanti (aprepitant injection), or Varubi (rolapitant oral) is not to be used for the treatment of established nausea and vomiting.

B. Emend (fosaprepitant injection/oral aprepitant), Cinvanti (aprepitant injection), or Varubi (rolapitant oral) is not used in conjunction with a serotonin (5HT3) antagonist (i.e. ondansetron) and dexamethasone.

C. Dosing exceeds the single dose limit of aprepitant oral 125 mg, fosaprepitant 150 mg, rolapitant 180 mg, or aprepitant injection 130 mg.

D. Indications not supported by CMS recognized compendia or acceptable peer reviewed literature.

IV. MEDICATION MANAGEMENT

A. Please refer to the FDA label/package insert for details regarding these topics.

V. APPROVAL AUTHORITY

A. Review – Utilization Management Department

B. Final Approval – Utilization Management Committee

VI. ATTACHMENTS

A. None
VII. REFERENCES

C. Rolapitant prescribing information. Tersara Therapeutics, LLC Deerfield, IL 2020.