Reference number(s)
7136-A

Specialty Guideline Management Multiple Sclerosis Products

Products Referenced by this Document

Drugs that are listed in the following table include both brand and generic and all dosage forms and strengths unless otherwise stated. Over-the-counter (OTC) products are not included unless otherwise stated.

Brand Name	Generic Name
Aubagio	teriflunomide
Avonex	interferon beta-1a
Bafiertam	monomethyl fumarate
Betaseron	interferon beta-1b
Briumvi	ublituximab-xiiy
Copaxone	glatiramer acetate
Gilenya	fingolimod hydrochloride
Glatopa	glatiramer acetate
Kesimpta	ofatumumab
Mayzent	siponimod
Ocrevus	ocrelizumab
Ocrevus Zunovo	ocrelizumab and hyaluronidase-ocsq
Plegridy	peginterferon beta-1a
Ponvory	ponesimod
Rebif	interferon beta-1a
Tascenso ODT	fingolimod lauryl sulfate
Tecfidera	dimethyl fumarate
Vumerity	diroximel fumarate

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Indications

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

FDA-approved Indications[1-23]

Aubagio, Avonex, Bafiertam, Betaseron, Briumvi, Copaxone, dimethyl fumarate, glatiramer acetate, Glatopa, Kesimpta, Mayzent, Plegridy, Ponvory, Rebif, Tecfidera, teriflunomide, and Vumerity are indicated for the treatment of relapsing forms of multiple sclerosis (MS), to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.

Gilenya, Tascenso ODT, and fingolimod are indicated for the treatment of relapsing forms of MS, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in patients 10 years of age and older.

Ocrevus is indicated for:

- Treatment of relapsing forms of MS, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.
- Treatment of primary progressive MS, in adults.
- Treatment of relapsing-remitting MS, in pediatric patients 10 years of age and older who weigh 25 kg or more.

Ocrevus Zunovo is indicated for:

- Treatment of relapsing forms of MS, to include clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease, in adults.
- Treatment of primary progressive MS, in adults.

All other indications are considered experimental/investigational and not medically necessary.

Prescriber Specialties

This medication must be prescribed by or in consultation with a neurologist.

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Coverage Criteria

Relapsing Forms of Multiple Sclerosis (MS)[1-22]

Authorization of 12 months may be granted to members who have been diagnosed with a relapsing form of multiple sclerosis (including relapsing-remitting and secondary progressive disease for those who continue to experience relapse).

Clinically Isolated Syndrome[1-22]

Authorization of 12 months may be granted to members for the treatment of clinically isolated syndrome of multiple sclerosis.

Primary Progressive MS (Ocrevus and Ocrevus Zunovo only)[14-15,23]

Authorization of 12 months may be granted to members for the treatment of primary progressive multiple sclerosis.

Continuation of Therapy

For all indications: Authorization of 12 months may be granted for all members (including new members) who achieve or maintain a positive clinical response as evidenced by experiencing disease stability or improvement while receiving the requested medication.

Other Criteria[24-26]

Members will not use the requested medication concomitantly with other disease modifying multiple sclerosis agents (Note: Ampyra and Nuedexta are not disease modifying agents).

For all products FDA-approved in adults only: Authorization may be granted for pediatric members less than 18 years of age when benefits outweigh risks.

References

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2. Avonex [package insert]. Cambridge, MA: Biogen Inc.; July 2023.
3. Bafiertam [package insert]. High Point, NC: Banner Life Sciences LLC; April 2026.
4. Betaseron [package insert]. Whippany, NJ: Bayer HealthCare Pharmaceuticals Inc.; September 2025.

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5. Briumvi [package insert]. Morrisville, NC: TG Therapeutics, Inc.; February 2026.
6. Copaxone [package insert]. Parsippany, NJ: Teva Neuroscience, Inc.; June 2026.
7. Dimethyl fumarate [package insert]. Bridgewater, NJ; Amneal Pharmaceuticals LLC; May 2025.
8. Fingolimod [package insert]. Weston, FL; Apotex Corp.; September 2025.
9. Gilenya [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; August 2025.
10. Glatiramer acetate [package insert]. Cranbury, NJ; Sun Pharmaceutical Industries, Inc.; August 2025.
11. Glatopa [package insert]. Princeton, NJ: Sandoz Inc.; February 2025.
12. Kesimpta [package insert]. East Hanover, NJ: Novartis Pharmaceuticals Corporation; April 2026.
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14. Ocrevus [package insert]. South San Francisco, CA: Genentech, Inc.; May 2026.
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16. Plegridy [package insert]. Cambridge, MA: Biogen Inc.; July 2023.
17. Ponvory [package insert]. Washington, D.C.: Vanda Pharmaceuticals, Inc.; October 2024.
18. Rebif [package insert]. Rockland, MA: EMD Serono, Inc.; July 2023.
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20. Tecfidera [package insert]. Cambridge, MA: Biogen Inc.; March 2024.
21. Teriflunomide [package insert]. East Windsor, NJ; Aurobindo Pharma USA, Inc.; April 2026.
22. Vumerity [package insert]. Cambridge, MA: Biogen Inc.; September 2024.
23. Rae-Grant A, Day G, Marrie R, et al. Practice guideline recommendations summary: Disease-modifying therapies for adults with multiple sclerosis. Neurology. 2018;90(17):777-788.
24. Walsh R, Chitnis T. Therapeutic Advances in Pediatric Multiple Sclerosis. Children. 2025;12(3):259.
25. Sladowska K, Mocko P, Brzostek T, et al. Efficacy and safety of disease-modifying therapies in pediatric-onset multiple sclerosis: A systematic review of clinical trials and observational studies. Mult Scler Relat Disord. 2025. doi: 10.1016/j.msard.2025.106263
26. Pediatric MS. National Multiple Sclerosis Society. Updated March 2023. Accessed May 18, 2026. https://www.nationalmssociety.org/for-professionals/for-healthcare-professionals/managing-and-treating-ms/pediatric-ms.

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