

Statin Therapy for Patients with Diabetes

Neighborhood News – October 2026

For individuals with diabetes, managing cholesterol is crucial due to their increased risk of atherosclerotic cardiovascular disease (ASCVD), a leading cause of health complications in this group. Effective cholesterol management can significantly reduce morbidity and mortality associated with diabetes.

HEDIS® Performance Metrics

- **Statin Therapy for Patients with Diabetes (Ages 40-75 without ASCVD)**
 - Our rate for prescribing at least one statin medication during the year increased to 69.02% in Measurement Year (MY) 2025 for Medicaid members, up from 69.02% in MY 2024.
- **Statin Adherence 80% for Patients with Diabetes**
 - This measure assesses members who maintained a statin medication for at least 80% of the treatment period. We saw an improvement to 74.37% in MY 2025 for Medicaid members from 71.85% in MY 2024.

Strategies to Improve Statin Therapy Adherence

- **Promote Consistent Medication Intake:** Educate your diabetic patients about the importance of taking their medications regularly to manage cholesterol levels effectively.
- **Manage Side Effects:** If patients report adverse reactions or side effects, consider adjusting their statin prescription to a different type that might be more tolerable.
- **Encourage Regular Follow-ups:** Remind patients to keep their appointments with their primary care providers to monitor their health and adjust treatment plans as needed.

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