

Specialty Guideline Management

Myalept

Products Referenced by this Document

Drugs that are listed in the following table include both brand and generic and all dosage forms and strengths unless otherwise stated. Over-the-counter (OTC) products are not included unless otherwise stated.

Brand Name	Generic Name
Myalept	metreleptin

Indications

The indications below including FDA-approved indications and compendial uses are considered a covered benefit provided that all the approval criteria are met and the member has no exclusions to the prescribed therapy.

FDA-approved Indications¹

Myalept is indicated as an adjunct to diet as replacement therapy to treat the complications of leptin deficiency in patients with congenital or acquired generalized lipodystrophy.

Limitations of Use:

- The safety and effectiveness of Myalept for the treatment of complications of partial lipodystrophy have not been established.
- The safety and effectiveness of Myalept for the treatment of liver disease, including nonalcoholic steatohepatitis (NASH), have not been established.
- Myalept is not indicated for use in patients with human immunodeficiency virus (HIV)-related lipodystrophy.
- Myalept is not indicated for use in patients with metabolic disease, including diabetes mellitus and hypertriglyceridemia, without concurrent evidence of congenital or acquired generalized lipodystrophy.

Documentation

Submission of the following information is necessary to initiate the prior authorization review: leptin level (for initial requests)

Exclusions

Coverage will not be provided for members with any of the following exclusions:

- HIV-related lipodystrophy
- Generalized obesity not associated with generalized lipodystrophy
- Partial lipodystrophy
- Liver disease, including metabolic dysfunction associated steatohepatitis (MASH)

Prescriber Specialties

The medication is prescribed by or in consultation with an endocrinologist or a provider specialized in the treatment of congenital or acquired generalized lipodystrophy.

Coverage Criteria

Lipodystrophy^{1,2,7}

Authorization of 6 months may be granted for treatment of lipodystrophy when ALL of the following criteria are met:

- Member has a diagnosis of congenital generalized lipodystrophy (i.e., Berardinelli-Seip syndrome) or acquired generalized lipodystrophy (i.e., Lawrence syndrome).
- Member has leptin deficiency confirmed by laboratory testing (i.e., less than 12 ng/ml)^{4,6,8}
- Member has at least one complication of lipodystrophy (e.g., diabetes mellitus, hypertriglyceridemia, increased fasting insulin level).
- Member will be using this medication in conjunction with dietary modifications along with regular exercise.

Continuation of Therapy

Lipodystrophy¹⁻⁶

Authorization of 12 months may be granted to members requesting continuation of treatment for generalized lipodystrophy or acquired generalized lipodystrophy when the member meets both of the following:

- Member has experienced an improvement from baseline in metabolic control (e.g., improved glycemic control, decrease in triglycerides, decrease in hepatic enzyme levels).
- Member will be using this medication in conjunction with dietary modifications along with regular exercise.

References

1. Myalept [package insert]. Cary, NC: Chiesi USA, Inc.; March 2024.
2. Brown RJ, Araujo-Vilar D, Cheung PT, et al. The diagnosis and management of lipodystrophy syndromes: A multi-society practice guideline. *J Clin Endocrinol Metab*. 2016;101(12):4500-4511.
3. Handelsman Y, Oral AE, Bloomgarden ZT, et al. The clinical approach to the detection of lipodystrophy – an AACE consensus statement. *Endocr Pract*. 2013;19(1):107-116.
4. Chan JL, Lutz K, Cochran E, et al. Clinical effects of long-term metreleptin treatment in patients with lipodystrophy. *Endocr Pract*. 2011;17(6):922-932.
5. Rodriguez AJ, Mastronardi CA, Paz-Filho GJ. New advances in the treatment of generalized lipodystrophy: role of metreleptin. *Ther Clin Risk Manag*. 2015;11:1391-1400.
6. Oral EA, Gorden P, Cochran E, et al. Long-term effectiveness and safety of metreleptin in the treatment of patients with partial lipodystrophy. *Endocrine*. 2019;64(3):500-511. doi:10.1007/s12020-019-01862-8.
7. Gilio D, Foss-Freitas M and Oral EA. Clinical guidance for lipodystrophy syndromes: from diagnosis and work-up to treatment. *Current Diabetes Reports*. 2025; 25 (47): 1-14.