

## Asthma Medication Ratio

### Neighborhood News – April 2026

Asthma, recognized by the World Health Organization as a major noncommunicable disease, affects both children and adults and remains the most common chronic condition among children. While asthma cannot be cured, it can be effectively managed through the appropriate use of inhaler medications.

In Measurement Year (MY) 2024, the Healthcare Effectiveness Data Information Set (HEDIS®) **Asthma Medication Ratio** for Neighborhood Health Plan of Rhode Island (Neighborhood) was **50.48%**, a decrease from the MY 2023 rate of **54.64%**.

#### How can you improve asthma management?

- **Patient education:** Educate patients on identifying asthma triggers and the importance of daily controller medication use.
- **Medication adherence:** Encourage regular refills of controller medications to help patients maintain their prescribed regimen.
- **Barrier identification:** Ask patients whether they experience challenges filling prescriptions and assist them in identifying solutions.
- **Care planning:** Develop an Asthma Action Plan with patients to support effective symptom management.
- **Member incentives:** Inform patients that they may receive a **\$25 gift card** for completing an Asthma Action Plan from Neighborhood.
- **Ongoing use:** Reinforce the importance of taking their controller medications consistently, even when symptoms are well controlled or absent.

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