

Effective Date:05/01/2025
Reviewed: 02/2025, 03/2026
Scope: Medicaid

## **COBENFY (xanomeline and trospium chloride)**

### **POLICY**

#### **I. CRITERIA FOR APPROVAL**

An authorization of 12 months may be granted when all the following criteria are met:

- A. The member is 18 years of age or older
- B. The member is being treated for schizophrenia; AND
- C. The member has had a recent acute exacerbation or relapse of psychotic symptoms, with onset in the previous 2 months.
- D. The member has experienced a failure, contraindication, or intolerance to at least three formulary atypical antipsychotics (i.e., aripiprazole, olanzapine, quetiapine IR or ER, risperidone, or ziprasidone)
- E. Member does not have any contraindications/risks that would preclude use of Cobenfy (i.e., urinary retention, moderate to severe hepatic impairment, gastric retention, untreated narrow-angle glaucoma, active biliary disease)

#### **II. CONTINUATION OF THERAPY**

Authorization of 12 months may be granted for all members who have documentation of a positive clinical response without contraindications/risks that would preclude use of Cobenfy.

#### **III. QUANTITY LIMIT**

- Cobenfy 50 mg/20 mg, 100 mg/20 mg and 125 mg/30 mg : 60 capsules per 30 days
- Cobenfy Starter Pack: 56 capsules per 28 days

#### **IV. REFERENCES**

1. Cobenfy [prescribing information]. Karuna Therapeutics, Inc. Princeton, NJ. January 2026.