

Welcome

Neighborhood INTEGRITY for Duals (HMO D-SNP) is a high-quality health plan for individuals who are eligible for both Medicare and Medicaid.

With Neighborhood INTEGRITY for Duals, you get all the benefits you are receiving from Medicare, Part D, and Medicaid through one plan¹, including:



\$0 plan premiums,
\$0 deductibles, **\$0** copays
for provider visits, and
\$0 copays for Tier 1 and Tier 2
prescription drugs²



\$28 monthly to spend on
over-the-counter (OTC) and
wellness products, plus many
\$0 OTCs with a prescription
from your provider



\$0 copay for durable
medical equipment such
as wheelchairs, walkers,
incontinence supplies,
and more⁴



\$125 monthly to use on healthy
food and produce for members
with certain chronic conditions³



Supplemental benefits,
including dental services through
Delta Dental of Rhode Island, a
gym membership that includes
in-person and virtual fitness
classes, post-hospitalization
meal delivery, and in-home
support services³

PLUS MORE

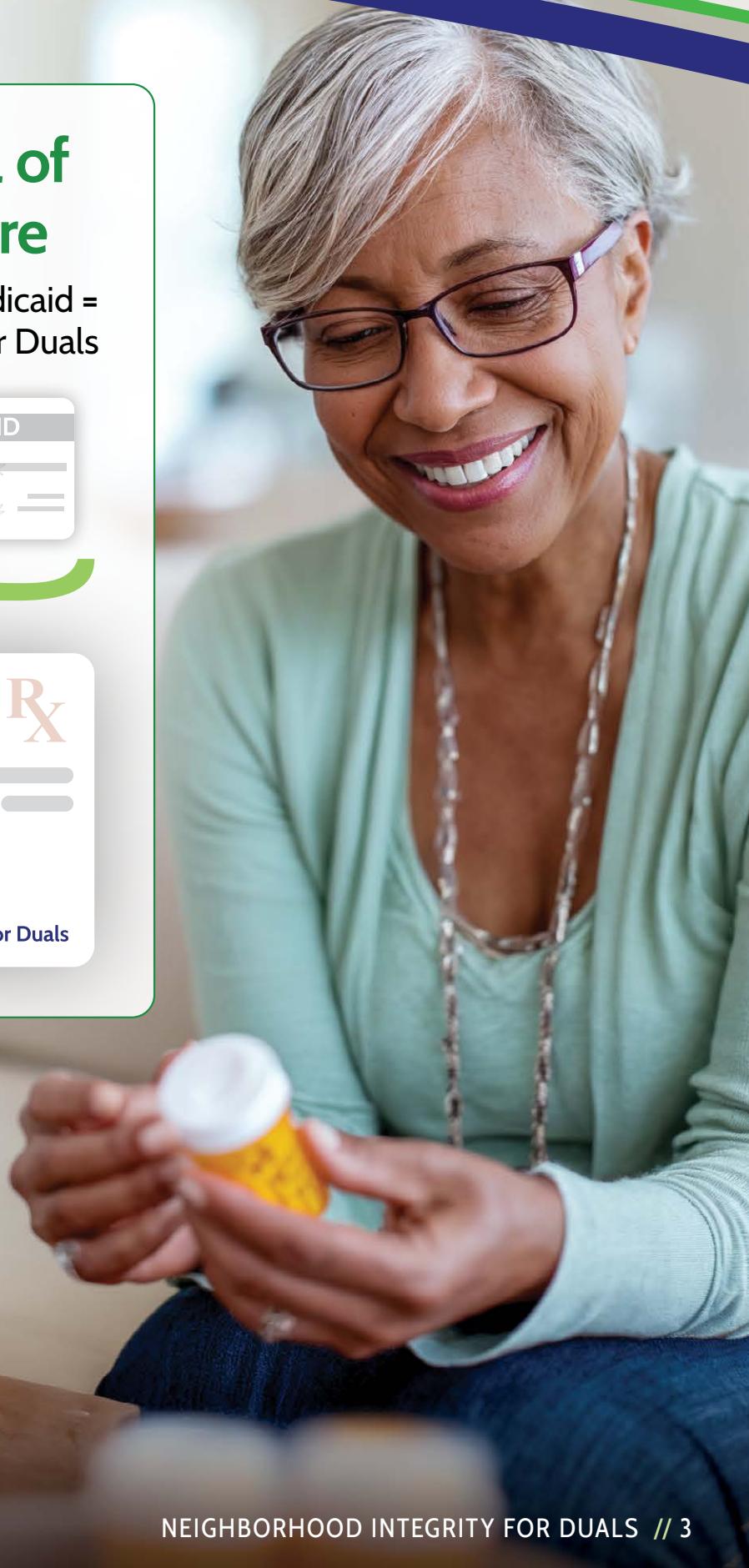
Use this guide to learn about all the great benefits and services
available to Neighborhood INTEGRITY for Duals members.

One Card for All of Your Health Care

Medicare + Rhode Island Medicaid =
Neighborhood INTEGRITY for Duals



INTEGRITY For Duals





Your trusted
health plan
since 1994

2026

Benefits and Services

This is a short description of our 2026 plan benefits. For a complete list of benefits, covered services, exclusions, and prior authorization rules, visit www.nhpri.org/INTEGRITYDuals

Description	Your Cost
Monthly premium	\$0
Primary care provider (PCP) visits	\$0
Specialist visits	\$0
Ambulance services	\$0
Tier 1 and Tier 2 prescription drugs	\$0
Many over-the-counter drugs	\$0
Durable medical equipment, like medical supplies and devices, adult briefs, and much more	\$0
Hospital stays (inpatient, outpatient, and mental health)	\$0
Gym membership	\$0
Chiropractic services	\$0
Substance use services	\$0
Dental coverage ⁵	\$0
Annual hearing exam	\$0
Hearing aids	\$0
Annual eye exam	\$0
Eyeglasses, lenses and contacts	\$0
Labs and X-rays	\$0
Skilled nursing facility care	\$0
Non-emergent Medical Transportation ⁶	\$0
24/7 Nurse advice line	\$0
Long-term services and supports (LTSS) benefits, like meal delivery, personal care assistance, a homemaker, and much more ⁷	\$0



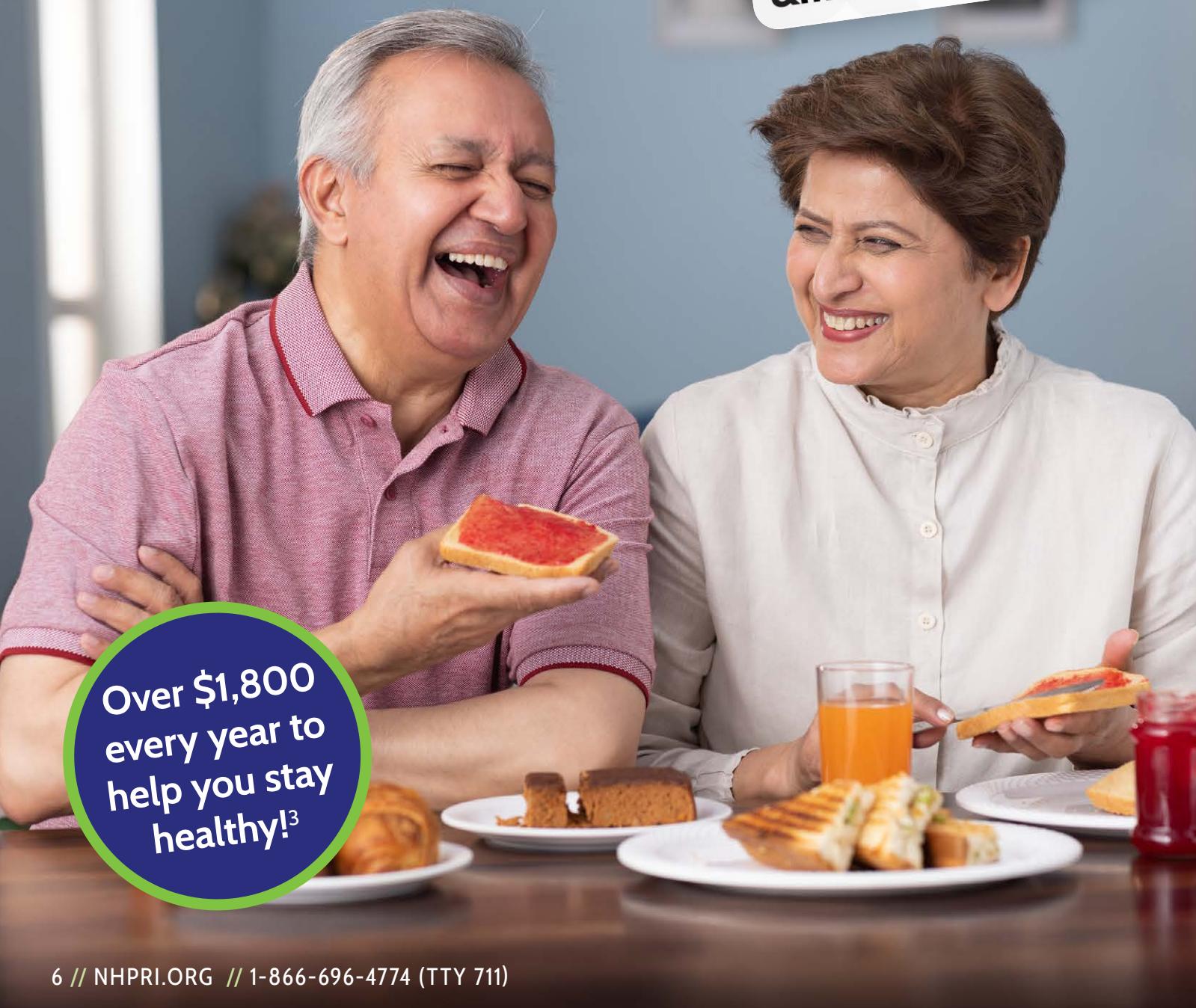
Get Care Where You Need It
We have all of the Rhode Island hospitals in our network like Rhode Island Hospital, Kent County Hospital, and Roger Williams Hospital.



Save Money on Your Prescriptions

Tier 1 and Tier 2 prescription drugs have a \$0 copay. Ask us how you can save on your prescriptions.

Introducing The Neighborhood &more Card



NEW

INTEGRITY for Duals members may be eligible for up to **\$153** each month with the **Neighborhood &more card**.³ Use this card to shop for healthy food, over-the-counter (OTC), and wellness products.

Plus, members can get up to **\$65** each year for healthy behaviors like going to your annual check-up and certain diabetic screenings.

Here's how it works:

- 1
- 2
- 3

All members will receive **\$28** each month to spend on OTC and wellness products at stores like CVS, Walgreens, Walmart, and more. This includes personal care items like sunscreen and sleep aids, cold and flu medications, eye drops, allergy and sinus medications, first aid products, vitamins, and more.

Members may also be eligible for **\$125** monthly³ to spend on healthy food and produce at local stores like Shaw's, Stop & Shop, Price Rite, Walmart, Dollar General, and many local markets near you.

Members can earn an additional **\$65** for completing certain healthy behaviors like going to your annual check-up and completing certain diabetes health screenings.

Staying healthy is easier with the Neighborhood &more card!

To learn more about the Neighborhood &more card¹³, call the Neighborhood Sales Team at 1-866-696-4774 (TTY 711).

Over-the-Counter (OTC) Medicines

There are two ways to get your OTC and wellness products

NEW FOR 2026

\$28 monthly deposit on your Neighborhood & more card to use on OTC and wellness products, including:

- » Sunscreen
- » Toothbrush and toothpaste
- » Vitamins and supplements
- » Sleep aids
- » Disposable briefs
- » First aid products

With a prescription from your provider, you can also get hundreds of generic OTC medicines⁴ with a **\$0** copay, including:

- » Allergy, sinus, cold and flu, and pain relief products
- » Smoking cessation products, like nicotine patches and gum
- » Digestive health products, like antacids and laxatives
- » Eye and ear care products, like eye drops and earwax removal drops
- » Skin care products, like healing ointment and dry skin cream



For a full list of OTC medicines, view our List of Covered Drugs (Formulary) online at www.nhpri.org/INTEGRITYDuals/Member-Materials



Durable Medical Equipment

You are eligible for durable medical equipment⁴ with a **\$0** copay, including:

» Wheelchairs and walkers	» Oxygen equipment and supplies
» Incontinence products	» Personal emergency response system
» Crutches	
» Diabetic supplies	



To find a list of durable medical equipment providers, visit www.nhpri.org/find-a-doctor and click on Durable Medical Equipment or call the Neighborhood Sales Team at 1-866-696-4774 (TTY 711).

Healthy Food Benefits

Neighborhood knows that part of staying healthy is eating healthy food. That's why we have programs and benefits to help you stay well.



NEW FOR 2026

Neighborhood &more Card

Healthy eating just got easier with access to a Neighborhood &more card.¹³ With this card, you can get \$125 every month³ to shop at your favorite local grocery store.



Fruits and vegetables



Meat and seafood



Dairy products



Healthy grains—
bread, cereals,
pastas, rice, etc.

Shop at stores like



You can even shop at local stores like America's Food Basket!

Healthy Food Benefits

Home-Delivered Meals After Hospital Stay or Surgery

Nutritious meal delivery when you need it most

At Neighborhood, we know it's hard to come home from the hospital with no food in the refrigerator. We also know how important it is to have healthy meals. That's why we have partnered with Mom's Meals®.

When you are recovering from a stay in the hospital or surgery, we will make sure you get the nutrition you need for better health.

With Mom's Meals, you can get free meals delivered to your home based on your needs, including:⁸

- » Diabetes Friendly
- » Protein+
- » Gluten Free
- » Pureed
- » Heart Friendly
- » General Wellness
- » Lower sodium
- » Vegetarian
- » Renal Friendly



Get help with grocery shopping!

Our in-home support services program³ makes it easier for you to go grocery shopping. Learn more on page 15.



Meals on Wheels

With Meals on Wheels, you can get food delivery to your home, including one meal per day for up to five days a week.⁹

To learn more about these benefits, contact the Neighborhood Sales Team at **1-866-696-4774 (TTY 711)**.

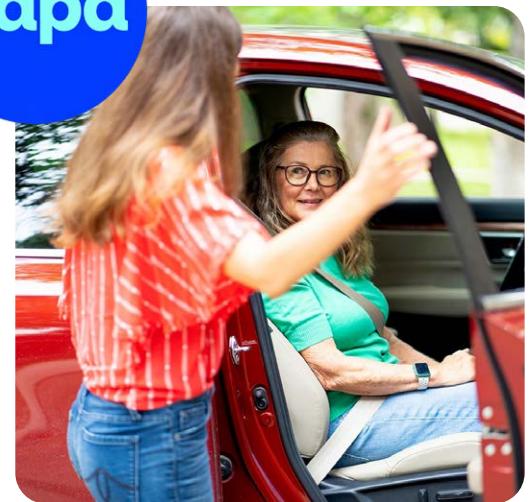
Making it easier for you to live at home

In-Home Support Services Program

Did you know that the risks of chronic loneliness for seniors can include dementia, depression, or heart failure? Neighborhood connects you with assistance for 120 hours each year³ to support you when you need it most. Our in-home support services program can help you in many ways, including:

- » Light housekeeping
- » Transportation for errands like grocery shopping
- » Help with technology
- » Trips to your covered YMCA membership
- » And more!

To learn more about in-home support services, call the Neighborhood Sales Team at **1-866-696-4774 (TTY 711)**.



Long-Term Services and Supports (LTSS)

LTSS is a variety of services and supports that help you meet your daily needs. These services and supports can improve quality of life so that you can safely remain in your home, if you are eligible.⁹

Programs and services you may be eligible for with Neighborhood INTEGRITY for Duals' LTSS benefits:

Assisted living services¹⁰

- » Services and supports for you to live in an assisted living facility, such as help with meals; assistance with personal care; help with medications, housekeeping, and more

Home care services¹⁰

- » Personal care services, such as help with dressing and eating
- » Homemaking services, such as laundry and shopping

Home health agency care services¹¹

- » Full-time, part-time, or intermittent skilled nursing, certified nursing assistant, and home health aide services
- » Medical and social services
- » Medical equipment and supplies

Meals on Wheels

- » Food delivery to your home, including one meal per day for up to five days a week

Personal Choice Program

- » Choose a caregiver for the services you need, like personal care, homemaker services, and/or assistance with dressing and eating, so you can live at home
- » Using a budget based on your individual care needs, you can make the decisions on who provides the care you need

The plan may also pay for other services not listed here. If you get long-term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.

Need help at home?

You may be eligible for 120 hours of in-home support services in addition to any LTSS benefits you may be receiving.³

Gym Membership

Physical activity is good for people of all ages. Get active with Neighborhood and the YMCA!⁸

Join any of these YMCA of Greater Providence or YMCA of Pawtucket branches at no cost to you. Staying active can help improve your overall health and wellness. It could even lower your risk of heart disease, diabetes, or other chronic conditions.

You can join any of these YMCA locations at no cost:

1. Bayside YMCA

70 West Street, Barrington, RI

2. Cranston YMCA

1225 Park Avenue, Cranston, RI

3. East Side YMCA

438 Hope Street, Providence, RI

4. Kent County YMCA

900 Centerville Road, Warwick, RI



A fitness tracker and water bottle are included with your membership



Did you know you can also take in-person or virtual fitness classes?

DELTA DENTAL[®]

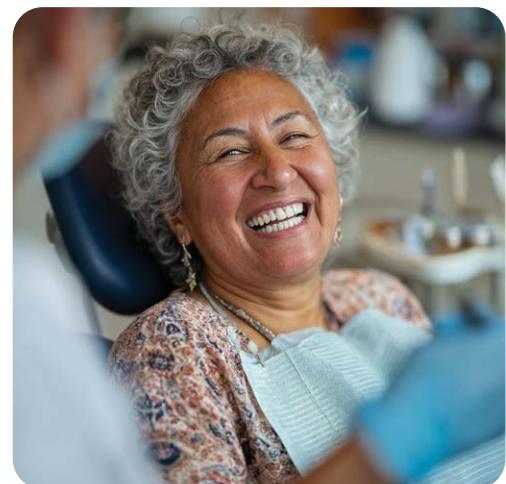
Dental Services

Neighborhood gives you something to smile about!

Neighborhood has partnered with Delta Dental of Rhode Island to offer preventive and restorative dental services up to \$1,250 per year.¹²

Members have access to these dental services in Rhode Island using Delta Dental of Rhode Island's Medicare Advantage Network.

- » Two (2) cleanings
- » One (1) oral exam
- » One (1) fluoride treatment
- » Dental X-rays once per calendar year
- » Fillings
- » Denture repairs as needed
- » Extractions
- » Root canals
- » Recementing crowns or bridges once every 60 months
- » Two (2) palliative pain treatments



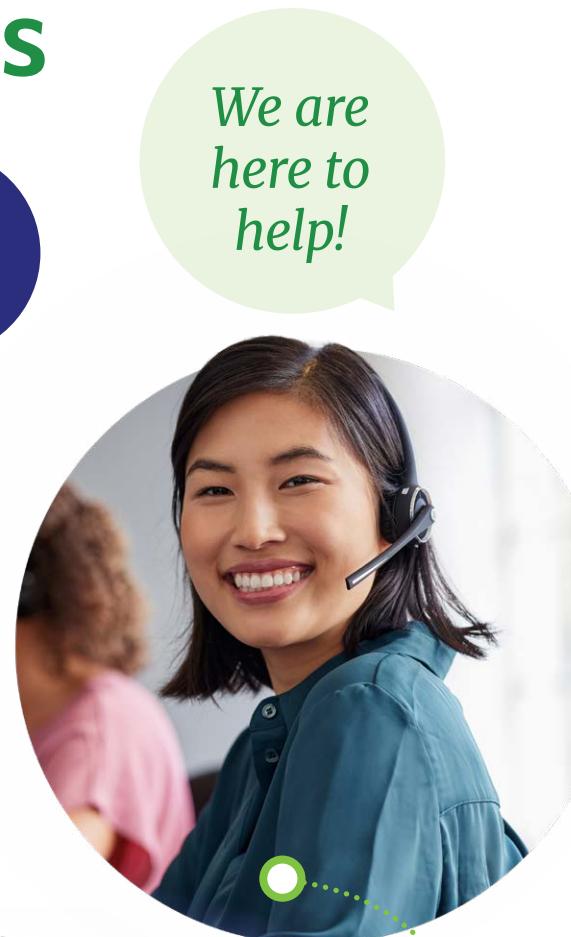
How to Enroll in Neighborhood INTEGRITY for Duals



Call today!
1-866-696-4774 (TTY 711)

The Neighborhood Sales Team can:

- ✓ Answer your questions about the plan
- ✓ Check to see that your provider is in our network and your medicines are covered
- ✓ Enroll you in Neighborhood INTEGRITY for Duals



Hi! I'd like to enroll in INTEGRITY for Duals!



We are here to help!

How to enroll



OVER THE PHONE

You can enroll over the phone with a brokered Neighborhood team member



IN PERSON

Set up an appointment for one-on-one assistance to help you fill out the application in a location that works best for you



For more information about Neighborhood INTEGRITY For Duals, visit www.nhpri.org/INTEGRITYDuals.

To enroll or to learn more about the plan, contact our Sales Team at 1-866-696-4774 (TTY 711) 8:00 a.m. to 8:00 p.m., seven days a week from October 1 through March 31. From April 1 through September 30, you can call us 8:00 a.m. to 8:00 p.m. Monday through Friday. You may leave a voicemail on Saturdays, Sundays, and federal holidays.



Neighborhood Health Plan of Rhode Island's INTEGRITY for Duals (HMO D-SNP) is a health plan that contracts with Medicare and the Rhode Island Medicaid Program. Enrollment in Neighborhood Health Plan of Rhode Island's INTEGRITY for Duals plan depends on contract renewal.

This is not a complete list of benefits. The benefit information is a brief summary, not a complete description of benefits. For more information, contact the plan or read the Neighborhood INTEGRITY for Duals Member Handbook.

We have free interpreter services to help answer your questions about your health and drug plan. Call 1-844-812-6896 (TTY 711).

Endnotes

- 1 Certain Medicaid benefits will still be covered through Rhode Island Medicaid, such as transportation services. We can help you access those services.
- 2 If you get long-term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.
- 3 The benefits mentioned are part of a special supplemental program for the chronically ill. You may qualify for coverage if you have a chronic condition including but not limited to hypertension, diabetes, chronic pulmonary disease, severe hematologic-rare genetic disorders, and depression. Additional eligibility criteria apply. Please contact us for full details.
- 4 Restrictions and limitations may apply. Prior authorization may be required.
- 5 Dental coverage through Neighborhood includes an annual \$1,250 limit for various preventive and restorative services. See page 17 for details. Neighborhood will assist with coordinating other services with Rhode Island Medicaid.
- 6 Covered by Rhode Island Medicaid.
- 7 If you get long-term services and supports (LTSS), you may have to pay part of the cost of the services. This amount is determined by Rhode Island Medicaid.
- 8 Restrictions may apply.
- 9 Eligibility is determined by Rhode Island Medicaid.
- 10 Prior authorization is required.
- 11 Prior authorization may be required.
- 12 The plan only pays for covered services provided by a Rhode Island dentist participating in the Delta Dental Medicare Advantage network. There is no coverage for services received outside Rhode Island or from dentists in Rhode Island who do not participate in the Delta Dental Medicare Advantage network. Additional dental services coordinated with Rhode Island Medicaid.
- 13 &more Benefits Prepaid Mastercard® is issued by Avidia Bank, pursuant to a license from Mastercard Incorporated. Use of this card is subject to the terms and conditions of the Cardholder Agreement.