

Chiropractic Services Benefit Update - Medicaid

Neighborhood News – January 2026

Effective **January 1, 2026**, Neighborhood Health Plan of Rhode Island (Neighborhood) has updated the **Medicaid** chiropractic benefit from a rolling-year limit to a **calendar-year limit**.

This benefit change applies only to **Medicaid** members.

Medicaid Chiropractic Benefit

- 12 visits per calendar year (January 1 – December 31)
- No prior authorization required for the first 12 visits
- Prior authorization required beginning with visit 13

This replaces the current 12 visits per rolling 12-month period structure.

Neighborhood is making this change to align benefit administration with standard calendar-year counting and to reduce confusion associated with the rolling-year structure for providers and members.

Commercial Chiropractic Benefit (No Change)

The Commercial chiropractic benefit is not changing and will remain 12 visits per plan year with no authorization required.

Member Benefit Limits by Line of Business

- **Medicaid:** 12 visits per calendar year
 - No authorization required for visits 1–12
 - Authorization required for visit 13+
- **Commercial:** 12 visits per plan year
 - No authorization required for visits 1–12
 - Authorization required for visit 13+

For more information on chiropractic services, please refer to the [Chiropractic Services Payment Policy](#).

Neighborhood appreciates your partnership and ongoing dedication to providing high-quality care to our members.