

## Application

<b>Application of this Medical Policy applies to:</b>
RIte Care (MED), Rhody Health Partners (RHP), Rhody Health Expansion (RHE), Children with Special Health Care Needs (CSN), Substitute Care (SUB), Extended Family Planning (EFP), Commercial (HBE), INTEGRITY for Duals (FIDE), Duals CONNECT (CO-DSNP)
<b>Application Excluded for:</b>
None

## Medicare Distinction

For INTEGRITY for Duals (FIDE) and Duals CONNECT (CO-DSNP) members: Neighborhood Health Plan of Rhode Island (Neighborhood) uses guidance from the Centers for Medicare and Medicaid Services (CMS) for coverage determinations, including medical necessity. Coverage determinations are based on applicable National Coverage Determinations (NCDs), Local Coverage Determinations (LCDs), Local Coverage Articles (LCAs), and other Medicare guidelines.

For FIDE Members: In the absence of an applicable or incomplete NCD, LCD, or other Medicare guidelines OR if available Medicare coverage guidance is not met, then Neighborhood will apply coverage guidance from the Rhode Island Executive Office of Health & Human Services (EOHHS), or other widely used treatment guidelines with peer-reviewed scientific evidence, such as InterQual® and/or internal Clinical Medical Policies as a means of secondary coverage through the member's Medicaid benefit.

For CO-DSNP Members: In the absence of an applicable or incomplete NCD, LCD, or other Medicare guidelines, then Neighborhood will apply coverage guidance from other widely used treatment guidelines with peer-reviewed scientific evidence, such as InterQual® and/or internal Clinical Medical Policies.

## Description

Neighborhood Health Plan of Rhode Island (Neighborhood) covers medically necessary care delivered in multiple settings, including hospitals, outpatient surgery centers, skilled nursing facilities, both inpatient and outpatient physical/occupational/speech therapy settings, and in physician offices or health centers.

Neighborhood's Clinical Medical Policies (CMPs) define when a conditional benefit is medically necessary. Neighborhood's (CMPs) are developed and/or revised following review of current medical literature and standards of practice. To the extent possible, Neighborhood's CMPs are developed according to evidence-based outcomes as well as the unique needs of Neighborhood's member population. Board-certified specialty physician advisors are consulted for their expertise and recommendations in the development of CMPs, as necessary.

The purpose of this policy is to address those conditional benefits which do not have a specific clinical medical policy to outline specific coverage criteria for a given procedure or medical treatment. With the ever-increasing medical technology, Neighborhood desires to offer the benefit of evidence-based medicine to all of our members in accordance with benefit packages.

### **Definitions**

Medically necessary services are defined as those services required for the prevention, diagnosis, cure, or treatment of health-related conditions, including those necessary to prevent a detrimental change in a member's medical or mental health status. Medically necessary services must be provided in the most cost effective and appropriate setting and should not be provided solely for the convenience of the member or service provider.

Experimental and/or investigational services are those that have not been recognized as proven effective in clinical medicine. Neighborhood has a formal mechanism to evaluate, and review published scientific evidence detailing the clinical use, safety, efficacy and expected health outcomes of new technology and new applications of existing technology. Neighborhood's goal is to work towards the inclusion of these technologies or applications in the benefit package to keep pace with advancements so that the needs of our membership are met.

### **Coverage Determination**

Through the process of utilization review, a medical necessity determination is rendered.

This process includes:

1. The prospective, concurrent, or retrospective assessment of the medical necessity, and
2. The appropriateness of the allocation of health care services given or proposed to be given to a patient by a provider.

The following governmental regulatory and other sources may be utilized to determine if the request is evidenced based, and reflects the current standard of care:

- Critical Developments in Health Technology Assessment and/or other Scientific journals/publications/Internet websites
- Centers for Medicare and Medicaid Services (CMS)
- Food and Drug Administration (FDA)
- Centers for Disease Control (CDC)

When the scientific evidence and/or standards of practice indicate limited use of the recommended treatment or procedure, Neighborhood will follow these limitations to ensure appropriate care is rendered to members.

### Criteria

**ALL** of the following criteria must be met in order for a recommended service to be approved:

- Where applicable, the treatment/procedure must have final approval from the appropriate governmental bodies, **AND**
- Scientific evidence must permit reliable conclusions to be drawn about the effect of the treatment/procedure on health outcomes. **AND**
- The available evidence and clinical documentation must support the conclusion that the treatment/procedure improves net health outcomes. **AND**
- The available evidence and clinical documentation must support the conclusion that the treatment/procedure is:
  - a. as beneficial as any established alternative, or
  - b. more beneficial than existing alternatives for an identifiable subgroup of individuals **AND**
- The available evidence and clinical documentation must support the conclusion that the treatment/procedure is:
  - a. as safe as existing alternatives, or
  - b. If the treatment/procedure is less safe than existing alternatives but is efficacious for patients who are not adequately treated with existing alternatives, approval may be recommended provided that all other criteria, including the above, are met.

### Exclusions and Limitations

- Neighborhood does not cover experimental procedures or treatments, except as otherwise required by law. Also refer to Clinical Medical Policy “Experimental or Investigational Services.”

### Authorization Request Forms

Access prior authorization request forms by visiting Neighborhood's website at [www.nhpri.org](http://www.nhpri.org).

1. Click on [Providers](#)
2. Click on [Provider Resources](#)
3. Click on [Forms](#)
4. Click on "[Click here for a list of prior authorization request forms](#)" – forms are listed alphabetically.

A phone messaging system is in place for requests/inquiries both during and outside of business hours. Providers can call 1-800-963-1001 for assistance.

**Covered Codes:** For information on coding, please reference the [Authorization Quick Reference Guide](#).

<b>CMP Cross Reference:</b>	CMP-026	Experimental/Investigational Services
<b>References:</b>		
<b>Created:</b>	July 6, 2010	
<b>Annual Review Month:</b>	April	
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**Neighborhood reviews clinical medical policies on an annual basis.**

### Disclaimer:

Neighborhood has developed medical policies to assist us in administering health benefits. This medical policy is made available to you for informational purposes only and does not constitute medical advice. It is not a guarantee of payment or a substitute for your medical judgment in the



## Clinical Medical Policy

### Non-Standard Requests- # 046

Last reviewed: 04/09/25

treatment of your patients. Members should always consult their physician before making any decisions about medical care. Treating providers are solely responsible for medical advice and treatment of members. Benefits and eligibility are determined by the member's coverage plan; a member's coverage plan will supersede the provisions of this medical policy. For information on member-specific benefits, call member services. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. Neighborhood reserves the right to review and revise this policy for any reason and at any time, with or without notice.