

Statin Therapy for Patients with Diabetes

Neighborhood News – October 2025

For individuals with diabetes, managing cholesterol is essential due to their increased risk of atherosclerotic cardiovascular disease (ASCVD), a leading cause of health complications in this population. Effective cholesterol management can significantly reduce morbidity and mortality associated with diabetes.

HEDIS® Performance Metrics

- **Statin Therapy for Patients with Diabetes (Ages 40-75 without ASCVD)**
 - Neighborhood's rate for prescribing at least one statin medication during the year decreased to **69.02%** in Measurement Year (MY) 2024 for Medicaid members, down from **70.03%** in MY 2023.
- **Statin Adherence 80% for Patients with Diabetes**
 - This measure assesses members who maintained a statin medication for at least 80% of the treatment period. Neighborhood's rate improved to **71.85%** in MY 2024 for Medicaid members up from **67.61%** in MY 2023.

How Providers Can Help

- **Promote Consistent Medication Intake:** Educate patients with diabetes about the importance of taking statin medications regularly to manage cholesterol levels effectively.
- **Manage Side Effects:** If patients report adverse reactions, consider switching to a different statin that may be better tolerated.
- **Encourage Regular Follow-ups:** Remind patients to keep appointments with their primary care provider to monitor progress and adjust treatment plans as needed.

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