

Healthcare Effectiveness Data and Information Set (HEDIS®)

Neighborhood News – October 2025

The Healthcare Effectiveness Data and Information Set (HEDIS®) is a widely used set of performance improvement tools developed and maintained by the National Committee for Quality Assurance (NCQA). HEDIS data is used to assess the quality of care and services provided by health plans and includes measures across a broad range of health topics. By evaluating how well health plans perform on key dimensions of care and service, HEDIS helps identify opportunities for improvement and track progress over time.

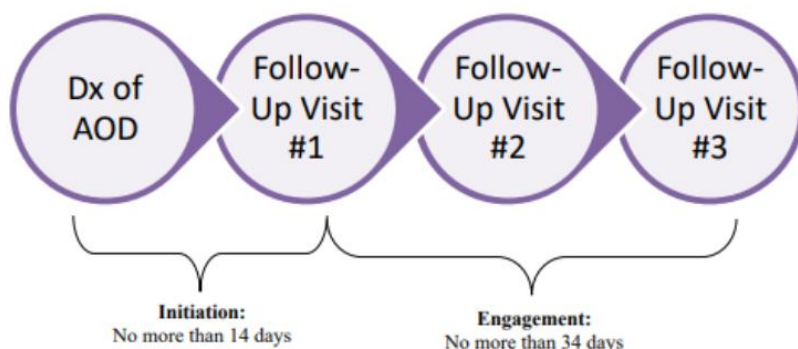
As part of our ongoing commitment to delivering exceptional member care, Neighborhood is highlighting one HEDIS Star measure that is critical to our shared goals: **Initiation and Engagement of Alcohol and Other Drug Treatment (IET)**.

IET: Initiation and Engagement of Substance Use Disorder Treatment

The IET measure evaluates how effectively new substance use disorder (SUD) episodes lead to treatment initiation and sustained engagement:

- **Initiation of AOD Treatment:** Adolescents and adults (ages 13+) who begin treatment within 14 days of diagnosis through inpatient admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth, or medication-assisted treatment (MAT).
- **Engagement of AOD Treatment:** Adolescents and adults (ages 13+) who initiated treatment and received two or more additional AOD services or MAT within 34 days of the initial visit.

IET At-a-Glance:



* Image source: Community Behavioral Health. "IET At-a-Glance." In CBH HEDIS IET Providers September 24, p.2. October 24, 2022. https://cbhphilly.org/wp-content/uploads/2022/10/CBH_HEDIS_IET_Providers_September-24.pdf

Best Practices to Support These Members:

- Proactively arrange follow-up appointments to support timely care.
- Consider transportation, location, and appointment timing to reduce barriers.
- Assess access to technology for virtual appointments, via your practice policy.
- Provide reminder calls and follow up within 24 hours if appointments are missed.
- Share care transition plans with the member's primary care provider (PCP), as appropriate.
- Submit claims promptly with accurate coding and consistent diagnoses to meet IET compliance.

Did You Know?

There are many resources in Rhode Island designed to support individuals with identified or emerging substance use disorders. Below are a few examples:

SAMHSA-Supported Programs in Rhode Island

- [Youth Mental Health & Substance Use](#): The **Seven Challenges** program offers outpatient counseling for youth and young adults (ages 12–25) with co-occurring disorders. Available in Cranston, Coventry, and Providence.
- [Mental Health First Aid](#): Trainings for adults and youth are available at the Bradley Learning Exchange in East Providence, with sessions scheduled for October and November 2025.
- [Overdose Prevention](#): **Prevent Overdose RI** aligns with federal goals to reduce overdose deaths. Rhode Island has allocated \$285 million in opioid settlement funds for prevention, treatment, and recovery.
- [Recovery Housing](#): In August 2025, SAMHSA announced \$43 million in supplemental funding to expand recovery housing for young adults (ages 18–24). Rhode Island is among the recipients.

Certified Community Behavioral Health Clinics (CCBHCs)

CCBHCs ensure access to comprehensive, coordinated behavioral health care for all individuals—regardless of ability to pay, residence, or age. These clinics offer developmentally appropriate care for children and youth and must meet rigorous service standards.

CCBHCs provide or coordinate:

- 24/7 crisis services
- Comprehensive behavioral health services
- Care coordination across health and social systems
- Services including:

- Outpatient mental health and substance use care
- Person- and family-centered treatment planning
- Community-based care for veterans
- Peer and family support
- Targeted care management
- Primary care screening and monitoring
- Psychiatric rehabilitation
- Screening, diagnosis, and risk assessment

For more information on CCBHCs, visit:

<https://bhddh.ri.gov/CCBHC>

If you have any questions, please contact Neighborhood's Behavioral Health Quality Specialist:

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