



Tips for Safe Disposal of Your Medicines

Neighborhood Health Plan of Rhode Island wants to keep you, your family, friends, and pets safe!

Safe disposal of unwanted, unused or expired medicines:

- Is fast, easy and anonymous
- Should be done as soon as possible
- Prevents overdoses
- Protects children and pets from dangerous drugs

Use the option that is easiest for you!

1. Community Take Back Sites:

- The best way to safely dispose of unwanted, unused or expired medicines is to drop them off at a take back location near you. There is a site near you at:
 -
 -
- You may also search online for a local site:
 - Go to <https://apps.dea diversion.usdoj.gov/pubdispsearch/spring/main?execution=c1s1>

2. Mail:

- Send unused medicines to pharmacies and other sites using packages made available at such pharmacies or authorized sites. Learn more online at www.deatakeback.com.

3. At Home:

- If there are no take back sites available, read the labels on each of your medicines.
- If the labels have special disposal instructions, follow those instructions.
 - Because some medicines could be harmful to others, they have instructions to flush them down the sink or toilet when they are no longer needed.
 - Check the label or the patient information leaflet with your medicine or review the U.S. Food and Drug Administration's (FDA) [list of medicines](#) recommended for disposal by flushing when a take back option is not



readily available: <https://www.fda.gov/drugs/safe-disposal-medicines/disposal-unused-medicines-what-you-should-know>

- Remember, don't flush your medicine unless it is on the flush list. If there are no labels with special disposal instructions, you may throw away your medicines in the household trash by following these steps:
 - Remove the medicine from the container and mix it with used coffee grounds, dirt or cat litter.
 - Put the mixture in a sealed container, like a Ziploc bag or a jar with a lid.
 - Throw away the sealed bag or container in your household trash.
 - Remove your personal information from the empty medicine container. Throw the container in your household trash or recycling bin.

For more information, go to:

- <https://www.fda.gov/consumers/consumer-updates/where-and-how-dispose-unused-medicines>
- <https://www.hhs.gov/opioids/prevention/safely-dispose-drugs/index.html>

Neighborhood is here for you!

Medicaid Plans: 1-800-459-6019 (TTY 711)

Neighborhood INTEGRITY for Duals (HMO D-SNP): 1-844-812-6896 (TTY 711)

Neighborhood Dual CONNECT (HMO D-SNP): 1-844-812-6896 (TTY 711)

Commercial Plans: 1-855-321-9244 (TTY 711)

www.nhpri.org