

Meal Delivery Benefit for New Medicaid Moms

Neighborhood News – January 2024

Neighborhood Health Plan of Rhode Island (Neighborhood) is excited to extend a benefit to Medicaid mothers who have recently given birth. Effective immediately, Neighborhood members who have had a hospital birth are eligible for a no-cost meal delivery program.

Neighborhood has partnered with [Mom's Meals®](#), a meal planning and delivery service, to provide new moms with 28 dietitian-designed meals. After their inpatient delivery and stay, the refrigerated meals will be delivered directly to the new mom - ready to heat, eat, and enjoy.

Mom's Meals® receives a daily update on member eligibility and will contact Neighborhood Medicaid members directly to help them select their meals and coordinate delivery. Members are eligible for the service after each childbirth.

Initially piloted with our Commercial members in early 2023, the service is part of Neighborhood's ongoing effort to develop programs to bridge health equity gaps. Proper nutrition is especially important for postpartum women. With Mom's Meals®, Neighborhood can support members in their overall health and well-being.

Please share this great news and opportunity with your Neighborhood Medicaid members.

Thank you for all you do to support Neighborhood members throughout and beyond their pregnancy journey!