



Drug Name: Nutropin NuSpin (somatropin)  
 Date: 9-2017

<b>Drug Name:</b>	Nutropin NuSpin® (somatropin)
<b>Required Medical Information:</b>	<p><i>Patient's diagnosis is one of the following:</i></p> <ul style="list-style-type: none"> <li>• <b>Growth Hormone Deficiency (pediatrics):</b> <ul style="list-style-type: none"> <li>○ Patient is being treated under the care of a pediatric endocrinologist; <i>and</i></li> <li>○ Patient has abnormally low values (&lt; 10 ng/mL) of serum GH on two provocative tests; <i>and</i></li> <li>○ Patient height is greater than 2 standard deviations below the mean height for normal children of the same age; <i>and</i></li> <li>○ There is no evidence of epiphyseal closure after careful review; <i>and</i></li> <li>○ Patient has been evaluated for alternative diagnoses that suppress growth hormone secretion (e.g. hypothyroidism, chronic non-endocrine disease, etc.); <i>and</i></li> <li>○ With growth hormone therapy, patient demonstrates a continued growth rate of greater than 4 cm per year.</li> </ul> </li>   <li>• <b>Small for gestational age (pediatrics):</b> <ul style="list-style-type: none"> <li>○ Patient is being treated under the care of a pediatric endocrinologist; <i>and</i></li> <li>○ Patient has a birth weight and/or length that is at least 2 standard deviations below the mean for gestational age whose height remains less than or equal to 2 standards deviations below the mean by two years of age; <i>and</i></li> <li>○ Total treatment duration will not exceed 2 years.</li> </ul> </li>   <li>• <b>Prader-Willi Syndrome (PWS) or Turner's Syndrome (pediatrics):</b> <ul style="list-style-type: none"> <li>○ Patient is being treated under the care of a pediatric endocrinologist; <i>and</i></li> <li>○ Chromosomal information is consistent with the disease.</li> </ul> </li>   <li>• <b>Idiopathic Short Stature (IDSS) (pediatrics):</b> <ul style="list-style-type: none"> <li>○ Patient is being treated under the care of a pediatric endocrinologist; <i>and</i></li> <li>○ Patient has been evaluated for all other diagnoses that may cause short stature and demonstrates a predicted final height to be less than 3 standard deviations (which is associated with growth rates that are unlikely to lead to adult height within the normal genetic potential); <i>and</i></li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ Patient's current bone age is 10 to 14.</li> <li>● <b>Growth Hormone Deficiency (adults):</b> <ul style="list-style-type: none"> <li>○ Patient is under the care of an endocrinologist; <i>and</i></li> <li>○ Patient has documented abnormally low values (less than 10 ng/mL) of serum GH on two provocative tests; <i>and</i></li> <li>○ Patient is being treated for somatopin deficiency as a result of a pituitary disease, hypothalamic disease, surgery, trauma, radiation therapy, <u>OR</u> adult with child-onset growth hormone deficiency continues to require therapy for normal homeostasis.</li> </ul> </li> <li>● <b>AIDS wasting or cachexia:</b> <ul style="list-style-type: none"> <li>○ Patient has failed a trial of megestrol acetate (Megace®) at an adequate dose and for an appropriate duration due to intolerance and/or inadequate response; <i>and</i></li> <li>○ Patient is adherent to concomitant antiviral therapy.</li> </ul> </li> <li>● <b>Growth failure associated with chronic renal insufficiency:</b> <ul style="list-style-type: none"> <li>○ Patient has chronic kidney disease (CKD stage 4 or 5); <i>and</i></li> <li>○ Patient is in adequate metabolic control (PTH no less than 4 times normal, Ca 8.5-10.5 mg/dL, Phos 4.0-6.0 mg/dL) <u>AND</u> can maintain caloric intake needed to support growth; <i>and</i></li> <li>○ Growth hormone will significantly improve quality of life for patient who is in end stage renal disease and is awaiting renal transplant; <i>and</i></li> <li>○ Pediatric patient who has, prior to growth hormone treatment, demonstrated a growth rate of no less than 3 cm per year.</li> </ul> </li> <li>● <b>Growth failure associated with chronic renal insufficiency in pediatric patients post-renal transplant:</b> <ul style="list-style-type: none"> <li>○ Pediatric patient with recent renal transplant is maintained on stable immunosuppression; <i>and</i></li> <li>○ Patient has a post-transplant rate of less than 3 cm per year; <i>and</i></li> <li>○ There is no evidence of epiphyseal closure after careful review at 6-month intervals.</li> </ul> </li> </ul>
<p><b>Coverage Duration:</b></p>	<ul style="list-style-type: none"> <li>● <b>Initial:</b> 6 months</li> <li>● <b>Renewals:</b> 6 months</li> </ul>