



## **Covered Benefit: Patient Education**

CMP Published: Yes <sup>1</sup> No

[Weight Management](#)

CPG Published: Yes <sup>2</sup> No

[Tobacco Cessation,](#)

[Tobacco Cessation in Pregnancy](#)

[Diabetes, Asthma](#)

**Definition:** Patient education includes programs associated with childbirth education, smoking cessation, nutritional counseling and classes, weight management, asthma education, and diabetes education. The patient education services described below may be rendered as individual or group services led by a physician or qualified health care professional.

These services refer to structured education programs that are distinct from the patient education that occurs between practitioner patient discussions during an office visit or as part of an ongoing practitioner-patient relationship.

**Benefit Packages:** RItE Care, Children with Special Health Care Needs, Substitute Care and Rhody Health Partners.

### Coverage Limitations:

- The Community Asthma Program (CAP) is a specific asthma education program at Rhode Island Hospital for which screening and asthma kits are limited to one per year on a rolling year basis (from last date of screening).
- Lactation Consultant services require prior authorization after the first three visits.<sup>3</sup>

### Exclusions:

- Rhody Health Partner (RHP) members are excluded from nutritional counseling and classes and weight management programs.
- The Extended Family Planning (EFP) benefit package is limited and does not include patient education.

### Coverage Includes:

- Asthma Education
- Community Asthma Program
- Childbirth Education Classes
- Diabetic Education Classes
- Nutritional Counseling and Classes
- Weight Management Programs
- Lactation Consultant
- Smoking Cessation Classes
- Parenting Classes

---

<sup>1</sup> Clinical Medical Policy (CMP) [www.nhpri.org](http://www.nhpri.org)

<sup>2</sup> Clinical Practice Guideline (CPG) [www.nhpri.org](http://www.nhpri.org)

<sup>3</sup> Neighborhood Health Plan of RI Member Handbook



Episodes of care can occur across multiple settings:

- Office (POS 11)
- Outpatient (POS 22)
- Community Health Center (POS 50)

**Table 1: Patient Education**

Description	ICD-9 Diagnosis Codes	ICD-9 Procedure Codes	CPT Code	HCPCS	Comments
Asthma Education	"493.0" to "493.92",		"99078", "99401" to "99404", "99411", "99412"	"S9441"	Asthma education when rendered by a certified asthma educator, physician or qualified health care professional.
Community Asthma Program (Education)				"S9441", "T1023", "S8097",	S8097 & T1023 limit to 1 occurrence per <u>rolling</u> year from last date of screening.
Childbirth Education	"V22.0" to V23.84", "V23.89", V23.9"			"S9436" to "S9439", "S9442"	
Diabetic Education Classes	"249.0" to "249.91, "250.00" to "250.93", ""277.7", "790.21" to "790.29"		"99078", "99401" to "99404", "99411", "99412"	"S9455", "S9460", "S9465", "G0108", "G0109"	Diabetes education when rendered by a certified diabetes educator, physician or qualified health care professional.
Nutritional Counseling and Classes			"97802" to "97804", "99078" "99401" to "99404", "99411", "99412"	"S9452", "S9470"	Rendered by a physician, Licensed Dietician or Nutritionist (LDN) or qualified health care professional
Weight Management Programs	"278.00" to "278.01"		"99401" to "99404", "99411", "99412"	"S9433", "S9449"	Weight Management Programs must be approved by the Plan and rendered by in-network providers or practitioners. Authorization required & limit of

					1/lifetime
Lactation Consultant Counseling	"V24.1"			"S9443"	Rendered by an in-network Lactation Consultant. Prior Auth is required after the first three visits.
Smoking Cessation Services	305.1		"99406", "99407"	"G0436", "G0437", "S9453"	Rendered by a certified smoking cessation educator, physician or qualified health care professional.
Parenting Classes				"S9444", "S9447"	

Notes:

In order to accommodate patient education during practitioner office visits there are counseling service codes listed under Physician Services benefit coverage summary also.

Publication Date:

9/1/2010

Revision Date:

108/2010; 9/1/2011