



close friends

A QUARTERLY NEWSLETTER OF NEIGHBORHOOD HEALTH PLAN OF RHODE ISLAND (NHPRI)

Weight Loss Tips That Work

Some diets make losing weight seem hard. Shedding pounds does take some effort. But just a few changes can help you lose weight. Here's how:

- Don't fuss over fads. Many diets ask you to focus only on certain foods, such as protein. But that's not healthy or practical. What works? Cutting calories by limiting sugary, fatty foods.
- Break for breakfast. It helps curb your appetite later in the day.
- Work it out. Exercise helps you burn calories. It also helps ease stress and boost your mood.
- Need a hand? Talk to your doctor. She has more advice that can help you slim down safely. ●

Important Message for NHPRI Members

There is a national flu vaccine shortage this year. NHPRI is working closely with the Department of Health and doctors throughout the state to make sure flu shots will be given to those most in need. Call your doctor or NHPRI Member Services at **1-800-459-6019** with any questions.



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Neighborhood Health Plan
of Rhode Island
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Providence, RI 02908

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Health Plan of RI



Tired of Feeling Sad? You Can Get Help!

Everyone feels sad sometimes. But if you have felt sad for a long time, you might have a sickness called depression.

Depression does not mean that you are a weak person or a bad person. Depression can happen because things in your brain are not working together just right. You also may get depressed if you are having problems with money, your family, or your health.

HOW DOES DEPRESSION FEEL?

Depression feels different to different people. Here are some signs of depression:

- You feel sad, guilty, worthless, or hopeless.

did you know?

NHPRI members can go to any of the counselors in the Behavioral Health Provider Network. No preapproval is needed.

- You feel tired all the time.
- You aren't interested in work, your family, or having fun.
- You sleep all the time, or you don't sleep enough.
- You don't feel like eating, or you eat too much.
- You think about dying or about killing yourself.
 - You have trouble remembering things or making choices.
 - You have aches and pains that the doctor can't find a reason for.

What to Do in an Emergency

Remember: In a medical emergency, go to the emergency room right away or call 9-1-1. **You do NOT need a referral for emergencies.** The hospital does not need to be part of your health plan.

Call your primary care site—the phone number is on your member ID card—the next day to tell them about your emergency room visit.

If you are not sure if it is an emergency situation, you can call your primary care site at any time. They will tell you whether you need to go to the emergency room, make an appointment at the office, or do something else for proper treatment.



YOU DON'T HAVE TO SUFFER

If you have had some of these problems for more than two weeks, you need to get help. Your doctor may want you to take medicine. The doctor also may suggest that you talk to a counselor. When you get the help you need, you will start to feel better soon. ●

Provider information and help locating services is available by calling Beacon Health Strategies at 1-800-215-0058.

How to Pick Healthy Fast Food

Is there such a thing as healthy fast food? You bet. Today, fast food menus offer many healthy options. Here are some tips:

1. Avoid extra-large orders. A jumbo order of fries has 150 more calories than a regular size order. And that's just the fries!
2. Don't use mayonnaise. Regular mayonnaise adds nearly 100 calories and more than 10 grams of fat.
3. Don't add cheese. Cheese can add more than 100 calories and more than 10 grams of fat.
4. Order a salad instead of fries. A garden salad is a good pick. And choose low-fat or reduced-fat dressing. Regular dressings can add more than 100 calories and 11 grams of fat.



Call Neighborhood Health Plan of Rhode Island at **1-401-427-6705** to get a **FREE "Rhode to Health" fast food choices guide**. This guide shows the calorie counts for some sample food choices at seven popular fast food restaurants.

Your Family's Health Insurance Is Very Important...

DON'T LOSE IT!

All NHPRI members must reapply each year for health insurance coverage.

If you have to make monthly premiums to DHS and have not made these on time, your family will lose all its health insurance benefits for 4 months.



Call us today for more information: 1-800-963-1001.

Our care management staff makes decisions based on providing the right care and service and whether the person has insurance coverage.

NHPRI does not reward practitioners, or any other individuals who perform medical review, for denying service. We want everyone to have health care and never use incentives to make it harder to get care and service.

For More Information...
If you have questions about our case management programs or your medical review authorization status, please call our Care Management Department at 1-800-963-1001.

Could Your Child Develop Diabetes?



Your primary care practitioner—your regular doctor—knows you best. Your PCP can help you decide what to do when you or your children have a medical problem. Your doctor's office is available to help you 24 hours a day, 7 days a week.

To learn more about our Diabetes program, please call Dorothy Erickson at 1-800-963-1001, ext. 6127.

Type 2 diabetes is affecting many more children now. Children with type 2 diabetes have very high sugar levels. This puts kids at risk for heart disease, kidney failure, and other serious conditions. Some of these problems can happen as early as the teen years. The longer young people have it, the higher their risks.

What's the most common reason children develop type 2 diabetes? It is because they are very overweight. Another reason is that kids just aren't active enough.

But your child doesn't have to

develop this serious health problem. Here's how you can help protect him:

- If your child is overweight, help him lose weight. Losing a pound a week is a smart goal.
 - Be choosy about the food you serve your child. Dessert doesn't have to be cookies. Fruit works, too.
 - Exercise for 30 minutes on most, if not all, days of the week. Family walks and bike rides can get everyone moving.
- And, be sure to offer support and encouragement. This can help your child make healthy choices. ●

We Can Help You in Your Language

If you need help understanding this information in your language, please call us at **1-800-459-6019** and ask for Member Services.

Si necesita ayuda para comprender esta información en su idioma, por favor llámenos al **1-800-459-6019** y pida hablar con el Departamento de Servicios a los Miembros.

Se precisar de ajuda para entender as informações em seu idioma, ligue para **1-800-459-6019** e peça para falar com o departamento de Serviços do Associado.

Для того чтобы получить информацию на своем языке, обратитесь в отдел по работе с клиентами (Member Services) по телефону **1-800-459-6019**.

ຖ້າວ່າ ທ່ານຢາກເຂົ້າໃຈຂໍ້ມູນນີ້ເປັນພາສາຂອງທ່ານກະລຸນາໂທຫາພວກເຮົາທີ່ **1-800-459-6019** ແລະຖາມເອົາພະແນກບໍລິການສະມາຊິກ

ເພື່ອຊ່ວຍທ່ານຮູ້ຈັກສູງລຸນກ່ຽວກັບຂໍ້ມູນນີ້ ກະລຸນາສາຍເລខ **1-800-459-6019** ເພື່ອສູນກະຊວງເຮັດການຊ່ວຍເຫຼືອເຮົາ ທ່ານ

Quality Care Counts in Your Neighborhood

We want our members to receive the best care possible. That's why we are always checking the quality of services you receive.

We measure quality in many ways. One is by collecting something called HEDIS data. HEDIS stands for Health Plan Employer Data and Information Set. It was developed by the National Committee for Quality Assurance. This data helps us track quality down to the doctor level.

We also look at something called CAHPS data. CAHPS stands for Consumer Assessment of Health Plans Survey. This data tells us how satisfied members are with their care.



Why all the fuss over this data? "It helps us keep track of the care you receive, so we can continue to improve it," says Beth Ann Marootian, MPH, Director of Quality Management at NHPRI. "We also share it with providers, which helps improve quality at the doctor level." Results from 2003 show that NHPRI continues to provide high quality care. Some of our best services include preventive care, as well as chronic care for diabetes and asthma.

We want to hear from you. Do you have any comments about the quality of services you've received? Then please call Member Services at 1-800-459-6019. ●

Call NHPRI's Member Services Department at 1-800-459-6019 to:

- get rides to your doctor appointment
- get interpreters for your doctor appointment
- report any changes, such as a new address, new phone number, or new baby
- report any complaints, confidentially, about access, quality of care, or coverage decisions.



NHPRI Gets "Excellent" Grades



HEDIS scores are a way the nation's health plans look at clinical quality and customer service performance. NCQA is the group that reviews the HEDIS scores. For the fourth year in a row, NCQA has said NHPRI is "Excellent" at consumer protection and quality improvement. It also said that some of NHPRI's HEDIS results are among the best

nationally. Some examples where NHPRI members get "best in the nation" care are:

- prenatal care
- well child visits in the first 15 months of life
- adolescent immunizations
- diabetes. Our members receive important tests to monitor their blood sugar.

■ asthma. Our young members receive important medicines to control their disease. We also learned that NHPRI's members give the health plan some of the highest marks possible for customer service and overall satisfaction with the health plan. Thank you! For more information, please contact NHPRI's Beth Marootian at 1-401-459-6148. ●

Help During the Holidays

Sometimes, people don't have extra money for holiday meals and toys. Fortunately, there are people and groups who try to help. Some of these caring groups are listed below. Call them if you or someone you know needs food baskets or toys during the holiday season.

Central Falls

Project HOPE/Proyecto Esperanza,
1-401-728-0515

Cranston

Comprehensive Community Action,
1-401-467-9610

Cumberland

Happy Basket Program,
1-401-427-2878

Newport

East Bay Community Action,
1-401-849-2300
Martin Luther King Center,
1-401-846-4828

North Kingstown

North Kingstown Food Pantry,
1-401-294-7608

Pawtucket

Blackstone Community Action
Program, 1-401-723-4520

Providence

Camp Street Ministries,
1-401-421-5474

DaVinci Center for Community
Progress, 1-401-272-7474
John Hope Settlement House,
1-401-421-6993
South Providence Neighborhood
Ministries, 1-401-461-7509

Riverside

Self Help, 1-401-437-1000

Warwick

Holiday Spirit, 1-401-738-7776

Woonsocket

Family Resources Community
Action, 1-401-766-0900 ●



NHPRI members who have questions about behavioral health matters can call Beacon Health Strategies at 1-800-215-0058. Check the Beacon website—www.beaconhs.com—for the following information:

- Member rights
- Access and availability
- Member satisfaction
- Quality management and improvement program description
- Prevention activities



close friends

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1-800-459-6019

It is important to go to your own doctor for care. Also, you should visit only specialists inside of NHPRI's provider network. But you can go to a doctor outside the NHPRI network if you have an emergency. Non-emergency care by a doctor outside the network must be authorized by NHPRI first.

Please contact the Member Services Department at **1-800-459-6019** if you have any questions or concerns about your health care benefits.

Changes in the NHPRI Provider Network

Practitioners added from April through September, 2004

AMBULATORY SURGERY

Kent County Surgical, *Warwick, RI*

AUDIOLOGY

Twin Rivers Hearing Health Inc.,
Smithfield, RI

CARDIOVASCULAR DISEASE

Paul T. Schwerdt MD, *Woonsocket, RI*

CERTIFIED NURSE MIDWIFE

Dorcas K. Kamanda CNM, *Pawtucket, RI*

Nicole T. Lassiter CMM CNM,
Pawtucket, RI

Stephanie J. Avila CNM, *Pawtucket, RI*

Linda L. Nanni CNM, *Providence, RI*

CRITICAL CARE MEDICINE

Dana Crino MD, *Pawtucket, RI*

Padmaja Muthiah MD, *Pawtucket, RI*

DERMATOLOGY

Marina Kuperman-Beade MD,

Providence, RI

DIABETES EDUCATORS

Julie A. Kaul RD CDOE CDOE,

Providence, RI

Lori Ann Collins CDOE CDOE,

Woonsocket, RI

DURABLE MEDICAL EQUIPMENT

Boston Home Infusion, *Dedham, MA*

VNA Technicare dba Lifespan Home

Medical, *Lincoln, RI*

Sterling Medical Services Inc.,

Morristown, NJ

FAMILY PRACTICE

Elena M. Kwetkowski DO, *Coventry, RI*

Kathleen Kappler NP, *Hope Valley, RI*

Julie C. White NP, *Pawtucket, RI*

Gina M. Natalizia NP, *Warwick, RI*

Cynthia E. Martufi MD, *West Warwick, RI*

Frank W. Lafazia DO, *West Warwick, RI*

GASTROENTEROLOGY

Alyson L. Mandel NP, *Fall River, MA*

Andrea J. Miller NP, *Providence, RI*

Jeremy Spector MD, *Providence, RI*

Nabil A. Toubia MD, *Providence, RI*

Joseph F. Lowney DO, *Warwick, RI*

GYNECOLOGY

Emily R. Gorman NP, *Providence, RI*

HEMATOLOGY

Roger Williams Hematology Clinic,

Providence, RI

HEMATOLOGY / ONCOLOGY

Kathy Theall MD, *Pawtucket, RI*

Linda Meyer NP, *Pawtucket, RI*

Howard P. Safran MD, *Providence, RI*

HOME INFUSION THERAPY

Boston Home Infusion, *Dedham, MA*

INFECTIOUS DISEASES

Lime Disease at RIH, *Providence, RI*

Steven P. LaRosa MD, *Providence, RI*

INTERNAL MEDICINE

Leslie C. Mohlman MD, *Bristol, RI*

Paul W. Santoro DO, *Cranston, RI*

Ralph F. Santoro MD, *Cranston, RI*

Rikhi D'Souza DO, *Cumberland, RI*

Kristin M. Poshkus MD, *East*

Greenwich, RI

Munawar M. Azam MD, *East*

Greenwich, RI

Shahid Ali Khan MD, *East Greenwich, RI*

Gilbert M. Teixeira DO, *Fall River, MA*

Abena A. Addo MD, *Newport, RI*

Cory Fink Blackstone Vallet Comm.

Health, Pawtucket, RI

Ernesto A. Mirabal MD, *Pawtucket, RI*

Debra M. Durkin NPP, *Providence, RI*

Dennis R. Pannullo MD, *Providence, RI*

Jacqueline M. Joubert NP, *Providence, RI*

Jordana R. Jaffee MD, *Providence, RI*

Joseph Terlato MD, *Providence, RI*

Robert Carnevale MD, *Providence, RI*

Rosario B. Manalo MD, *Providence, RI*

Farhat Z. Ibrahim MD, *West Warwick, RI*

Laila Akhund MD, *West Warwick, RI*

Nathalie A. Campbell MD, *West*

Warwick, RI

NEPHROLOGY

Purba Biswas MD, *Providence, RI*

NUTRITION

Karen J. Zangari RD RD, *Pawtucket, RI*

Randi B. Belhumeur RD, *Providence, RI*

Roger Williams Hospital Nutritionist,

Providence, RI

OBSTETRICS / GYNECOLOGY

Steven R. Maynard MD, *Hopedale, MA*

Alfredo Gil MD, *Pawtucket, RI*

Chelsy Caren MD, *Pawtucket, RI*

Debra L. Goldman MD, *Pawtucket, RI*

Sue Kim MD, *Providence, RI*

Meera Varma MD, *Wakefield, RI*

Aaron Sherman MD, *Warwick, RI*

Marina E. Chyten CNM, *Warwick, RI*

OPTOMETRY

Robert W. Hill OD, *East Providence, RI*

Carl D. Corrow OD, *Providence, RI*

Jane Bucci OD, *Warren, RI*

OPTICAL WEAR (Glasses & Frames)

Shalmar Eyes'n Optics, *Providence, RI*

Apponaug Optical, *Warwick, RI*

The Optical Shop, *Warwick, RI*

PEDIATRIC DEVELOPMENT

Helene L. Pniewski MD, *Cranston, RI*

PEDIATRICS

Peter A. Howland MD, *Central Falls, RI*

Christine M. Barnett MD, *East*

Greenwich, RI

Christina C. Kettelle NP, *Hope Valley, RI*

Frank Palin Wood River Health

Services Inc., *Hope Valley, RI*

Melanie S. Lally NP, *North Kingstown, RI*

Carole A. Lengyel MD, *Providence, RI*

Carrie L. Wagner MD, *Providence, RI*

Edward D. McGookin MD, *Providence, RI*

Joanne Rebello RNP RNP, *Providence, RI*

Judith G. Shaw MD, *Providence, RI*

Barbara Denuyl MD, *Swansea, MA*

Karim Khanbhai MD, *West Warwick, RI*

Mohammed Khurram Faizan MD, *West*

Warwick, RI

PRIMARY CARE SITE

Kent Primary Care of Western

Cranston, *Cranston, RI*

Michael J. Hayden, DO, *Cranston, RI*

Adult Health Associates Inc., *East*

Greenwich, RI

Newport Family Practice, *Newport, RI*

Chad P. Nevola, MD, *Providence, RI*

Coastal Medical Inc., *Wakefield, RI*

Medical Group of RI, *Warwick, RI*

We Luv Kids Inc., *Westerly, RI*

PULMONOLOGY

Arvind Bansal MD, *Cumberland, RI*

Paul Licata DO, *New London, CT*

Scott D. Skibo MD, *Pawtucket, RI*

Mamoun I. Najjar MD, *Woonsocket, RI*

RHEUMATOLOGY

Brenda J. Burke DO, *Newport, RI*

Iulia C. Grillo MD, *West Warwick, RI*

SURGERY, GENERAL

Marcy Bernstein MD, *Attleboro, MA*

Gerald Marsocci MD, *Cranston, RI*

Thomas Rocco MD, *Cranston, RI*

Thomas A. Pane MD, *Newport, RI*

Beth A. Ryder MD, *Providence, RI*

Hieu Ton-That MD, *Providence, RI*

SURGERY, NEUROLOGICAL

Hubert Fernandez MD, *Pawtucket, RI*

Kelvin L. Chou MD, *Pawtucket, RI*

SURGERY, ORTHOPEDIC

Christopher Huntington MD,

Providence, RI

SURGERY, PLASTIC

Andrea M. Doyle MD, *Providence, RI*

UROLOGY

Kennon S. Miller MD, *East Providence, RI*

BEHAVIORAL HEALTH

John Raftery, *Attleboro, MA*

Lynn Heufelder, *Barrington, RI*

Angell Street Psychiatry LTD, *Coventry, RI*

Karen Brennan, *Cranston, RI*

Lakshyan Schnazer, *Cranston, RI*

Eileen Thomas, *Cranston, RI*

Angell St. Psychiatry, *E. Greenwich, RI*

Sally Souliere, *Fall River, MA*

Steppingstone Inc., *Fall River, MA*

Goodrich Associates, *Jamestown, RI*

Carolyn Goodrich, *Jamestown, RI*

Lisa M. Rocchio, PhD & Associates

Inc., *Johnston, RI*

Reaches Inc., *Middletown, RI*

Peter Rossi, *Peace Dale, RI*

Erica Ortell, *Portsmouth, RI*

Beverly Poirier, *Portsmouth, RI*

Angell St. Psychiatry, *Providence, RI*

Anait Azarian, *Providence, RI*

Allan Brenman, *Providence, RI*

Geof Schnirman, *Providence, RI*

Michael Friend, *Riverside, RI*

Jennifer Joseph, *Warwick, RI*

Nancy Remington, *Warwick, RI*

Kathleen M. Frias, *Westport, MA*

Kate Baker, *Woonsocket, RI*

Please note: The following behavioral health practitioners continue to participate in our network. We incorrectly listed them as having left our behavioral health network in the June edition of our newsletter. We apologize for any confusion or inconvenience.

Associates in Behavioral Health,
Cranston, RI

Mark Dumas PhD, *Middletown, RI*

Arbour Counseling — Norton, *Norton, MA*

Victoria L. Cortes-Ramirez LICSW,

Pawtucket, RI

Practitioners who left the NHPRI Network from April through September, 2004

ALLERGY/IMMUNOLOGY

Guy A. Settupane MD, *Providence, RI*

CARDIOVASCULAR DISEASE

Philip Fitzpatrick MD, *Woonsocket, RI*

CHIROPRACTIC SERVICES

Jeffrey Tosch DC, *Coventry, RI*

Alan R. Post DC, *Newport, RI*

Laura B. Murphy DC, *Pawtucket, RI*

Amy M. Malek DC, *Providence, RI*

Vincent J. Cavallaro, *Providence, RI*

Jay S. Korsen DC, *Wakefield, RI*

Richard F. Jardon DC, *West Warwick, RI*

DERMATOLOGY

Manuel Iriondo MD, *Providence, RI*

DIABETES EDUCATORS

April Hayes CDOE, *Wakefield, RI*

ENDOCRINOLOGY/DIABETES & METABOLISM

Padma Balasubramanian MD,

Attleboro, MA

FAMILY PRACTICE

David Sam MD, *Central Falls, RI*

Lisa M. Ryan MD, *Coventry, RI*

Elie Tawa MD, *Fall River, MA*

Joanne E. Wilkinson MD,

Narragansett, RI

Kristine E. Batty NP, *North Smithfield, RI*

Katherine M. Holmes MD, *Pawtucket, RI*

Mark B. Glover MD, *Providence, RI*

Debra Margolis DO, *Warren, RI*

Diana L. Hobden NP, *Woonsocket, RI*

GASTROENTEROLOGY

Walter Thayer MD, *Providence, RI*

HEMATOLOGY

Louis A. Leone MD, *Providence, RI*

INFECTIOUS DISEASES

David Snyderman MD, *Boston, MA*

David Stone MD, *Boston, MA*

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Eoin Coakley MD, *Boston, MA*
Anne DeGroot MD, *Pawtucket, RI*
Harry M. Schrager MD, *Providence, RI*

INTERNAL MEDICINE

Susan Curran NP, *Cranston, RI*
Anna Flaherty NP, *East Greenwich, RI*
Karen Chase NP, *East Providence, RI*
Hugo G. Jauregui MD, *Fall River, MA*
Christopher J. Lege MD, *Johnston, RI*
R. Scott Hanson MD, *Narragansett, RI*
Douglas Kiel MD, *Providence, RI*
Linda S. Young NP, *Providence, RI*
Maria Clara Restrepo MD, *Providence, RI*
Michael K. Cohenuram MD, *Providence, RI*
Rosa Lee MD, *Providence, RI*
Syed Raza Mehdi MD, *Woonsocket, RI*

NEPHROLOGY

Niloofer M. Baymiller MD, *West Warwick, RI*

OBSTETRICS / GYNECOLOGY

Julie McDonald CNM, *Fall River, MA*
Elizabeth A. Baehler MD, *North Smithfield, RI*
Marsha Smith MD, *North Smithfield, RI*
Hannah M. Copp CNM, *Pawtucket, RI*
Michael Ryskin MD, *Pawtucket, RI*
Anne Dubiel NP, *Providence, RI*
Deborah Drew CNM, *Westerly, RI*
Kathleen A. Delfino CNM, *Woonsocket, RI*

OPTOMETRY

Jacqueline Gaule OD, *Warwick, RI*

OTOLARYNGOLOGY

Anthony D. Duva MD, *Cranston, RI*

PEDIATRIC CARDIOLOGY

John C. Werner MD, *Providence, RI*

PEDIATRICS

Nancy A. Carlotti NP, *Barrington, RI*
John F. Kneeland Jr. MD, *Bristol, RI*
Jeanne Ziter MD, *Cumberland, RI*
Shelley L. Mayers NP, *Lincoln, RI*
Alfred Toselli MD, *Providence, RI*
Linda A. Tordoff MD, *Providence, RI*
Laura K. Dunphy MD, *Swansea, MA*
David Kawatu MD, *Woonsocket, RI*

PRIMARY CARE SITE

Alfred Toselli, MD, *Providence, RI*
Narragansett Bay Medical Associates, *Wakefield, RI*
Russell Stokes MD, *Westerly, RI*

PULMONOLOGY

Carolyn D'Ambrosio MD, *Warwick, RI*

SURGERY, GENERAL

John Mann MD, *Providence, RI*

SURGERY, ONCOLOGY

Vanessa Johnson MD, *Providence, RI*

SURGERY, ORTHOPEDIC

Jack F. Rocco MD, *Johnston, RI*
Louis Bley MD, *Pawtucket, RI*

SURGERY, VASCULAR

Stephen M. Gemmett MD, *Providence, RI*

UROLOGY

John Marcaccio MD, *East Providence, RI*

NHPRI Is There for Children with Special Needs

I have four children with special needs. We are all part of the NHPRI family. I just wanted to call to say that the response from NHPRI, particularly in my son's case, has been phenomenal. The support we have received from NHPRI has given us courage and the information that we need to get our son the best treatment possible. NHPRI has been more of a friend than we ever expected an insurance company to be. I appreciate all NHPRI's input, and their encouragement and education in reference to what my son is going through."

— A recent member comment left on our CEO voice mail message line

WHAT IS CSN?

CSN is NHPRI's Children with Special Health Care Needs Program. This program is for children who qualify for Medicaid because of

SSI, Katie Beckett, or an adoption subsidy, and whose families do not have commercial health insurance. NHPRI has developed this program to be sure that children with special health care needs receive high quality, medically necessary health care services.

CSN CELEBRATES FIRST BIRTHDAY

The CSN program had its first birthday on September 1, 2004. To date, our case managers have talked with 4,034 families. But there are still some families we have not been able to reach. If you are an NHPRI member with a child in the CSN program and have not heard from us, please call us at 1-401-459-6120.

If you think your child may be eligible for the CSN program, please call the Department of Human Services at 1-401-462-5300. ●

Foster Parents Needed in Your Neighborhood

Neighborhood Health Plan of Rhode Island (NHPRI) wants all children to live in safe and healthy homes. We also want them to be able to keep the same friends, neighbors, and schools even if major changes happen in their lives. To make this hope a reality for children in foster care, we need new foster families in every city and town in Rhode Island.

You can help a child in your neighborhood and NHPRI will be a resource for you. We work with foster parents to make sure all children in foster care get the health care they need. NHPRI also works with the Department of



Children, Youth and Families and the Rhode Island Foster Parents Association to sponsor fun family activities and awareness events.

Call 1-401-528-3791 if you want to learn more about how to become a foster resource for a child in your neighborhood.