



Clinical Medical Policy

Extended Home Care – HHA Hours

Benefit Coverage:

Approval of home care services is based upon review of medical necessity.

Description:

Extended Pediatric Home Health Aide (HHA) care is scheduled as “block hours” as opposed to “visits”, and is utilized to deliver medically necessary care, which cannot be performed in a standard home care visit.

Coverage Determination:

Prior authorization and medical review is required.

The criteria used to approve a HHA is based on medical necessity, which allows for personal care services to be performed by a licensed HHA to assist the member and/or caregiver in obtaining a certain level of independence with their ADLs.

Upon receiving orders from a physician, the contracted NHPRI Home Care Agency submits the “NHPRI Home Health Aide Authorization Request” form, indicating required services for the specific member.

The form allows member or caregiver’s ability to perform activities of daily living to be classified as:

- Independent with care (able to do on their own with very minimal assistance)
- Moderate dependence (needs some assistance with set-up/process and/or ambulating)
- Dependent for care (cannot perform on their own without extensive assistance)

Criteria:

Based on documentation received on the NHPRI Home Health Aide Authorization Request form, the following categories are evaluated for care required and time required to complete the care, with points being assigned based on amount of assistance required to complete the activity:

- Member’s age, weight and height
- Activities of Daily Living (Bath, grooming, dressing, eating)
- Hours primary caretaker available
- Hours a day member attends school
- Bowel/ Bladder – continence status
- Mobility

In addition, consideration is given to diagnosis and impact on primary caregiver’s ability to care for member.

All points are summarized to determine number of hours member is eligible to receive. The “NHPRI Home Health Aide Point System” is utilized to determine this information.

Covered Procedures:

Exclusions:

NHPRI does not cover a HHA to perform skills that are outside their scope of practice nor does NHPRI cover respite care, relief care or daycare for members.



Clinical Medical Policy

Extended Home Care – HHA Hours Hours

CMP Number: CMP-020.00

CMP Cross Reference:

References: Functional Independent Measure (FIM) Scores – a nationally recognized rehabilitation tool based on a patient’s ability to conduct basic ADLs

Created:

Annual Review Month:

Review Dates:

Revised Dates:

Approval Dates: 12/14/06