



Clinical Medical Policy Multi-disciplinary or Behavioral Weight Management

Benefit Coverage:

Covered benefit with conditional criteria that must be met.

Description:

A multi-disciplinary weight loss program, contracted with Neighborhood, provides services including but not limited to, medical evaluations, psychological evaluations and recommendations for follow-up as necessary, group discussions, exercise program, as well as nutritional counseling and products. Practitioners involved include a physician, exercise physiologist, psychiatrist, and nutritionist.

Coverage Determination:

Nutritional counseling provided by contracted NHPRI practitioners does not require prior authorization. Multi-disciplinary and behavioral weight management programs require prior authorization and must meet medical necessity criteria.

Criteria:

Multi-disciplinary or behavioral weight management programs are considered a clinical option for patients who meet all of the following criteria:

- 1) Adult BMI \geq 35.
- 2) Has failed attempt of nutritional counseling.
- 3) Has failed attempt with exercise program.
- 4) At least one co-morbid condition exists which may be Coronary Artery Disease, Degenerative Joint Disease, Hypertension, Diabetes Mellitus, Sleep Apnea, Glaucoma, or Hyperlipidemia

Covered Procedures:

CMP Number: CMP-014.01

CMP Cross Reference:

References:

<http://www.emaxhealth.com/69/6465.html>

Created:

Annual Review Month:

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